

Hertfordshire and YST Primary PE Conference: Workshop details

Head Teacher Strand

	Session Details
PE and School Sport Question Time	A 'question time' style session that allows Head Teachers to ask leading questions to national and local key stakeholders in the PE and School Sport Landscape. The panel will include representatives from AfPE/YST/ DfE/CSPN/YST/Primary HT Advocate Group.
Using PE & School Sport as a whole school improvement strategy	Attainment and achievement targets can cause schools to cut back on physical education and sport, but evidence suggests that this may be counterproductive. Sport has an ability to motivate, to focus, and to bring out the best in some people. This workshop investigates the ways in which PE and School Sport can be used as a mechanism to support whole school improvement.

PE Leads Strand

	Workshop Description
Demo Zone	A chance for you to see, have a go at and speak with a number of national governing bodies of sport and coaching/activity agencies showcasing a range of different activities that could be used to keep your pupils active during and out of curriculum time.
Increasing physical activity through Change4Life Sports Clubs	This workshop will explore the issues facing children's inactivity, the principles of Change4Life Sports Clubs, positioning the programme with the school improvement plan, the 5 steps to a successful club, and the opportunity to see and use the equipment resources
Using your Primary Premium for School Sport effectively	An opportunity to look in finer detail at the outcomes required against the Sport Premium funding. Hear from colleagues that have strategic plans in place that have been recognised by Herts Sport Partnership as being of high quality in meeting the outcomes.
Using the School Games to increase opportunities for all pupils to take part in competitive school sport	This workshop will increase your understanding of the whole School Games programme including; the pathway of competition available to all schools within Hertfordshire, the support available through School Games Organisers, the tools and resources available to schools and how to apply for the School Games Mark, rewarding your school for its commitment to and development of competition and school sport.
A guide to the new curriculum	This workshop will increase your understanding of the new National Curriculum for PE? It will investigate how schools design a Physical Education curriculum that helps all pupils make progress and how can the whole school impact of Physical Education be maximised?
Using your SSOC to develop cross curricular leadership opportunities within your school	Delivered by the lead school for Leadership, Coaching and Volunteering in Herts, this workshop will give you ideas and support you in creating media reps, statisticians and photographers to further promote PE and School Sport within your school as well as developing literacy and numeracy skills of your young people.

<p>Me & My Software</p>	<p>This workshop looks at the Me & My software that is available to help support the education sector to capture and interpret pupil’s views. It will run through the online tools & reporting mechanism that the Pupil Voice survey and Survey Builder uses to give a better understanding for schools to effectively use & measure the impact of the PE & School Sport Premium</p>
<p>Move & Learn</p>	<p>The +Sport Move and Learn Project is a UK in-school programme developed by Ferrero and the Football League Trust as part of Ferrero’s global Kinder + Sport initiative. The workshop will give more information about the six week program where children learn about the importance of a healthy diet and lifestyle. Each week taking part in a 90 minute session; spending 45 minutes in the classroom covering six different topics related to the body, nutrition, the importance of exercise and information about food groups followed by 45 minutes taking part in a practical session made up of football, handball and dodgeball (two weeks per sport).</p> <p>The programme content has been developed by nutritional, educational and sporting experts in line with the recommendations in the Government’s eat well plate, and its learning outcomes are in line with the National Curriculum for PSHE and Science.</p>
<p>Primary Premium for PE and School Sport – Evidence and Impact</p>	<p>The PE and Sport Premium aims to support a measurable and sustained improvement in PE and sport, underpinned by high quality teaching that increases participation levels in physical activity and leads to healthier pupils who are more engaged across the whole curriculum.</p> <p>One of the conditions of the funding is that schools must publish information on their website about their PE and Sport Premium spend. This should include:</p> <ol style="list-style-type: none"> 1. the amount of grant received; 2. how it has or will be spent; and 3. what impact the school has seen on pupils’ participation and attainment <p>This workshop will give you ideas and tools to make this task simple and effective and ensure your school are ready to show evidence and impact to Ofsted.</p>
<p>CoachMark</p>	<p>CoachMark is a scheme for all sports coaches in Hertfordshire; in particular, those looking to work in schools and on funded projects. HSP collaborate on CoachMark with Hertfordshire County Council, to help coaches gain access to schools and to safeguard young people who take part in sporting activity. The workshop will provide an understanding of the Minimum Standards coaches should be adhering to if they are delivering PE sessions in schools, where to find coaches that do, and how to work with coaches to ensure they meet those standards.</p>
<p>Using the YST Quality Mark & School Games Mark to self review PE and School Sport</p>	<p>This workshop will help you to self-reflect on the provision and quality of PE and school sport in your school and will challenge you to improve the quality and opportunities for all pupils.</p>
<p>Health and safety in primary schools</p>	<p>The workshop will focus on a simple format for ensuring safety issues form part of planning and teaching PE, applying the format to a range of scenarios common to physical education. There will also be discussion about any concerns, clarification or reassurance workshop members wish to raise.</p>

Inclusive PE	Practical ideas for making PE lessons fully inclusive for pupils with a range of different needs. This may range from physical disability groups to less confident pupils. The workshop will focus on using the STEP principles and the inclusion spectrum to support pupil progress across the range of abilities in your PE lessons.
Using PE & School Sport as a whole school improvement strategy	Attainment and achievement targets can cause schools to cut back on physical education and sport, but evidence suggests that this may be counterproductive. Sport has an ability to motivate, to focus, and to bring out the best in some people. This workshop investigates the ways in which PE and School Sport can be used as a mechanism to support whole school improvement.
Supporting your pupils in the early years foundation stage (EYFS)	Despite being the most important, quite often Early Years pupils are those that access the least support and opportunities. This workshop will generate new ideas and support mechanisms for teachers to develop high quality PE and physical activity opportunities for pupils.
Support your schools pupils to become physically literate – Youth Sport Trust	<p>Maximising the PE and Sport Premium to ensure your pupils are physically literate. This workshop will give you an insight into the benefits available from YST, focussing on support for teachers and pupils at Key Stage 1.</p> <p>Find out how your school can use the Youth Sport Trust membership benefits to;</p> <ol style="list-style-type: none"> 1. Raise achievement for all young people in all subjects. 2. Strengthen teaching by engaging learners through high quality delivery. 3. Inspire leadership at every level throughout your school. 4. Create a culture that enables young people to achieve their personal best.
The PE and School Sport apprentice workforce – how can it work in my school?	The Stevenage Sporting Futures team will share their expertise in and around the use of apprentices within schools to increase opportunities and participation for all young people. The programme which increases workforce capacity within your school and PE network can be accessed throughout the county and beyond.
How to assess an outstanding PE Lesson	Assessing an outstanding PE lesson; what are the key components of an outstanding PE lesson? How can schools improve the quality, consistency and impact of their Physical Education lessons? What support is available to improve the quality of PE in your school?

**** Please note that the above information is subject to change**