



Cumbria Rugby Union Newsletter

Issue 78 June 2018

MORE PLAYERS - MORE TEAMS - MORE GAMES

Cumbria RU Office – 01946 839316 (Tel/Fax)
Liam Nicholls – liamnicholls@rfu.com – 07711 901 374
Amanda Evans – cumbriarugby@outlook.com



Action from the recent Cumbria School Games Inclusive Tag Festival 2018

Ambleside invest in new Rugby Post Lifter

After the poor weather earlier in the year, Ambleside RU found themselves without a set of rugby posts at one end of the pitch. After a grant from Cumbria Rugby Union and club funds, they have purchased a new post lifter to hold on their site. The item is available for other clubs to use should it be required. The borrowing club must pick up and return themselves and any damage done whilst in that clubs possession will either be fixed or the item replaced totally at the borrowing club's expense. The item was called into use when the club hosted their 2nd Masters RL Festival recently at their Galava Park Site.



Picture for illustration purposes only



A few of the recent Academy students with Keith Robinson

Cumbria Young Volunteer Academy

A big part of the Cumbria Rugby Union Development Team's focus over the past few years has been to develop volunteers from a younger age and assist them through the CRU Volunteer Academy. The Academy provides support financially as well as mentoring and all important kit! Up to 50 students have received some formal referee training and mentoring over the last couple of months alone culminating in them assisting at local school and club events. The Young Match Officials-Refs courses can be run at clubs or schools and set up quickly by containing your local CRC. This is a great way to develop your internal workforce and also develop their employability and further education chances.

Summer of Touch

Touch Rugby will be running at most rugby clubs during the summer and ALL are welcome to come along and give it a 'Try'. Some local options are;

- Carlisle – Family touch Sunday's 10:30am (Central Playing Fields)
- Creighton – Touch Rugby Tuesday's 7pm (O2 Touch)
- Kendal – Adult Touch Rugby Monday's 6pm
- Kendal – Women and Girls Touch Rugby (Yr7 up) Wednesday's 6:30pm
- Kirkby Lonsdale – Touch Rugby Thursday's 6:30pm (O2 Touch)
- West Lakes College 3G (Lilly Hall) – Touch Rugby Monday's 7pm
- Workington Zebras – Touch Rugby Wednesday's 6:30pm
- Windermere – Touch Rugby Thursday's 6:30pm

For other local options please see websites of clubs or get in contact.



Cumbria Clubs Embracing Summer Touch Rugby in the Sunshine!



Players in action at one of the inclusive rugby festivals ran in Cumbria

Eden District Hold Inclusive Rugby Festival

As part of the growing area of inclusive rugby, the Eden Valley Partnership hosted an inclusive rugby festival with support from local community coaches. The event showcased rugby to 3 of the Eden schools who cater for children with learning difficulties; Ullswater, Appleby and Kirkby Stephen Grammar. The schools brought along 32 pupils in total who were able to experience rugby, many for the first time. Hopefully this day will help to establish an inclusive rugby programme within the Cumbria schools and lead to attendance in the county wide festivals which are set up as part of the Cumbria Youth Games Programme. The flexible nature of the tag game makes it an ideal vehicle for inclusive participation.

How are Cumbria RU Funded?

To provide some clarity to how Cumbria RU are funded and how the process occurs to determine spending, Cumbria Development Partnership Chairman Bill Dowbiggin recently held a meeting for Clubs to discuss this. The event was attended by around 10 clubs from across the County and provided some good insight into the various streams of money coming into Cumbria along with their ring fenced aims for spending. There were some good ideas on the evening from the attendees which has allowed the production of the Cumbria RU Development Plan for 2018/19 to reflect the needs of clubs even more closely. The Cumbria RU plan will be discussed at the CB Management Meeting on the 12th June and will be available as a download from the Cumbria RU Website from early July.



Cumbria RU President & CBRDP Chairman Bill Dowbiggin presenting at the meeting.

Penrith RU start work on New 3G Pitch

Work has recently started on Penrith's Winters Park Pitch to replace the natural turf with a state of the art 3G Pitch as part of the RFU's RugbyTurf Programme. The pitch will increase playing and training opportunities, provide an excellent development venue as well as provide an all year round surface for 'Touch Rugby' in the East Cumbria Area.



News

- Ambleside Invest in Post Lifter
- CRU Young Volunteer Academy
- Cumbria – Summer of Touch
- Eden District Inclusive Festival
- How are Cumbria RU Funded?
- Penrith start work on 3G Pitch

For more events, news & Info –

<http://cumbriarfu.pitchero.com/>

Interested in running a course at your club???

If you are interested in running a course at your own club we now have a certain amount of flexibility through our club centric approach. If we have a critical mass of numbers we can support this and open up to other local clubs to deliver to your needs.

Do you have some news? Don't forget to let us know and we will feature you in the Newsletter!

Upcoming Events in Cumbria

- 8-10th June – Millom 7's @ Millom RUFC (Games 9th June)
- 11th June – Cumbria RU Team Meeting @ TBC – 10am-1pm
- 12th June – CB Management Mtg @ Penrith RU – 7-9pm
- 15th June – Mitsubishi Volunteers Event – Carlisle – 6pm Onwards
- 17th June – John Donnelly 7's @ Wigton RUFC – Time TBC
- 17th June – In Touch Course – Windermere – 10am-2:30pm
- 19th June – Cumbria CSU Teachers Day @ Penrith – 9am-3:30pm
- 16th July – Cumbria RU Team Meeting @ Lakes College – 10am-1pm

Pictures of Activity in Cumbria are on our Facebook Group 'Cumbria Rugby Union Pictures'!

Are you following?

@CumbriaRDO
cumbriaru

