



Cumbria Rugby Union Newsletter

Issue 73 January 2018

MORE PLAYERS - MORE TEAMS - MORE GAMES

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Happy New Year to All!

Cumbria Trial 'Modular' ERRR @ Creighton

Cumbria are currently hosting a trial of the new England Rugby Referee Award in a new modular format. Running at Creighton RUFC over 4 evenings in a 3 month period, the qualification has been cut down to bite sized chunks allowing candidates to practice principles and skills learned on the previous evening session. The format has been very successful and although a couple of candidates had to drop out due to work, the benefits far outweigh the negative aspects. Candidate Dan Dudley said "It's great to be able to do the course over a longer period of time with chance to practice in between sessions. It is also great to speak with other candidates on the course and learn from each other."



Players from Egremont Youth receive a Santa Visit!

Santa pays a trip to Egremont U8's

As part of his busy December Schedule, Santa still managed to pack in a visit to Egremont RUFC to visit the club's U8 players at their final pre-Christmas training session. As part of his visit he had some wise words for the youngsters and checked his 'good list', which thankfully all the youngsters appeared on! After speaking to Santa he then left to carry on with his extremely busy planning period leading to the big day! He did however have a gift for each of the players in the form of a mini rugby ball as a pre-Christmas taster.

Festive Playing Break or Not?

We may have seen the festive period take a rest from league rugby however there were still a handful of games played within Cumbria. Penrith & Keswick played their annual Boxing and New Year's Day fixtures, Wigton Wanderers played v some returning students, at Millom a Presidents Select side took on a Coaches Select and at Egremont there was the Thomas Froggatt Memorial Charity game. All games were superbly attended and teams were made up from current, past and guest players. It is proving to be a great way to get players and families down to the club as well as burn off some of the Christmas excess. It is also a great recruitment opportunity for both players and volunteers!



Girls from the recently recruited Netherhall U15's Team

Netherhall Start Girls Activity

Netherhall Girls U15 squad played in what could have been the first ever Allerdale Girls Rugby Fixture. The game versus Cockermouth was played at Netherhall Park. This was an accumulation of several weeks coaching delivery firstly at Netherhall School by Cumbria's Falcons Community coach Keith Robinson. This then led to interested girls training at the club on Friday nights with volunteer coach Ronnie Spencer. An entertaining contest was witnessed by a decent sized crowd with the more experienced Cockermouth team proving a stern test and 21 players turning out.

Is your GMS Information Up To Date?

If you are asking yourself 'What is GMS?', the chances are your information is not up to date! The system is a great way to manage your membership data, communicate with your members and manage all your respective teams. Keeping the information up to date means you can produce detailed training audits, details on all members and also recruit new volunteers into much needed positions in the club. Many clubs are getting huge benefits from this and if you would like to know more please get in touch. Many clubs are holding their own 'informal' cluster sessions to discuss how they are using the system and its benefits.



Updating of the RFU GMS System is becoming more important for clubs.

What's happening across the Region? #BackInTheGame

Clubs in South Yorkshire have been working with their RFU local development team to identify all those players from 17 to whatever, who have had some rugby experience but have dropped out of the game for whatever reason. The clubs have managed to make lists of players through various means including GMS to identify a cohort who may be interested in getting back involved in some capacity. 7 clubs immediately got involved in the programme and the success up until the 3rd December over 4 events was; 52 returning players of which 32 have played for their respective clubs since. RFU team members produced club branded posters with names which could be 'tagged' on social media and this proved a great success! (See Left)



An example from Barnsley RUFC with the names of all identified players along with an invite to a club based event!

News

- Cumbria Trial ERRR Course
- Santa Visits Egremont U8's
- Festive Rugby Programme
- Netherhall Develop Girls U15
- Is your GMS up to date?
- Regional Developments

For more events, news & Info –

www.cumbriarugby.co.uk

Interested in running a course at your club???

If you are interested in running a course at your own club we now have a certain amount of flexibility through our club centric approach. If we have a critical mass of numbers we can support this and open up to other local clubs to deliver to your needs.

Do you have some news? Don't forget to let us know and we will feature you in the Newsletter!

Upcoming Events in Cumbria

- 9th Jan – CB Management Mtg @ Penrith – 7-9pm
- 10th Jan – OMW Kids 1st Ref Course – Cockermouth Sch – 1:30-4:30pm
- 15th Jan – CRU Youth Mtg @ Penrith RU – 7-9pm
- 23rd Jan – CB W&G Mtg @ Penrith – 7-9pm
- 31st Jan – CBRDP Mtg @ Cockermouth RU – 7-9pm
- 12th Feb – CRU Team Meeting @ Lakes College – 10am-1pm
- Monday's – LCWC (7-8) & Kendal (6:30-8) – Pitch up and Play Touch Rugby.
- Inner Warrior Camps in Cumbria - <http://www.cumbriarugby.com/events/>

Pictures of Activity in Cumbria are on our Facebook Group 'Cumbria Rugby Union Pictures'!



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