

CLUB DIRECTORY

SEASON 2017/2018

If any details in the club directory
are incorrect or need updating,
please advise me accordingly.

Jason Gregory,
County Secretary
September 2017

Tel: 01697 745460 (prior to 9.30pm)



AMBLESIDE

Address: Galava Park,
Borland Road,
Ambleside
Post Code: LA22 1NW
Telephone Nos: 015394 42025
Email Address: j.irwin45@btinternet.com
Website: -
Club Colours: Black/Amber

Club Chairman: Denis Irwin
20 School Knott Drive
Windermere
Post Code: LA23 4DY
Telephone Nos: 01539442025
Email Address: j.irwin@btinternet.com

Honorary Treasurer: Paul Longster
Apartment 1, Glenfield
88 Herntsbank
Post Code: LA11 7BB
Telephone Nos: 07979475477
Email Address: pmlfitness@aol.co.uk

Honorary Secretary: Jeanette Irwin
20 School Knott Drive,
Windermere
Post Code: LA23 2DY
Telephone Nos: 015394 42025 (H)
07719 169262 (M)
Email Address: j.irwin45@btinternet.com

County Representative: tbc
Post Code:
Telephone Nos:
Email Address:

President: T.B.C.
Telephone Nos:
Email Address: -

Chairman of Rugby: T.B.C.
Telephone Nos:
Email Address: -

Fixture Secretary: Dean Giggle
Telephone Nos: 07896092447
Email Address: Diggle@aol.com

Referee Contact: Dean Giggle
Telephone Nos: 07896092447
E-mail Address: Diggle@aol.com

Safeguarding Officer: Jeanette Irwin
Telephone Nos: 015394 42025 (H)
07719 169262 (M)
Email Address: j.irwin45@btinternet.com

Player Reg. Officer: tbc
Telephone Nos:
Email Address:

Volunteer Coordinator: Jeanette Irwin
Telephone Nos: As above
Email Address:

Coaching Coordinator: T.B.C.
Telephone Nos:
Email Address:

ASPATRIA

Address: Bower Park
Station Road,
Aspatria, Wigton, Cumbria
Post Code: CA7 2AJ
Telephone Nos: 016973 20420
Email Address: heytec1212@aol.com
Website: www.pitchero.com/clubs/aspatria
Club Colours: Black and Red Hoops

Club Chairman: John L. Heyworth
Stonehouse Farm,
Scales, Aspatria, Cumbria
Post Code: CA7 3NW
Telephone Nos: 07768 947111 (M)
Email Address: heytec1212@aol.com

Honorary Treasurer: Barney Clegg
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Post Code: CA7 2HX
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Honorary Secretary: David J. Saul
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Post Code: CA7 9JW
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President: Willie Clark
Telephone Nos: 016973 20075
Email Address:

Chairman of Rugby: Mark Richardson
Telephone Nos: 01946 821128 (H)
07711 108449 (M)
Email Address: irichardsonm@aol.com

Fixture Secretary: Peter Gray
Telephone Nos: 016973 21760 (H)
Email Address: petpengray@aol.com

Referee Contact: Mike Ray
Telephone Nos: 016973 21313 (H)
07776 296719 (M)
Email Address: mikeray195@btinternet.com

Safeguarding Officer: Helen Lee
Telephone Nos:
Email Address:

Player Reg. Officer: Mel Hanley
Telephone Nos: 016973 20328 (H)
07852 2169644 (M)
Email Address: jamesmhstk@hotmail.com

Volunteer Coordinator: John L. Heyworth
Telephone Nos: 07768 947111 (M)
Email Address: heytec1212@aol.com

Coaching Coordinator: John Ravell
Telephone Nos: 016973 22411 (H)
07740 623379 (M)
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CARLISLE

(All correspondence to be addressed to the Company)

Address: The Rugby Ground,
Warwick Road, Carlisle,
Cumbria
Post Code: CA1 1LW
Telephone Nos: 01228 521300
Email Address: carlislerugbyclub@gmail.com
Website: www.pitchero.com/clubs/carlislerugby/
Club Colours: Navy with Red and White Trim

Club Chairman: Barry Earl
12 Ascot Way
Carlisle
Telephone Nos: 07900266856
Email Address: barry_earl@hotmail.com

Honorary Secretary: David D. Morton
14 Naworth Drive,
Carlisle CA3 0DD
Telephone Nos: 01228 515486 (H)
07912 110782 (M)
Email Address: mortwas82@aol.com

Honorary Treasurer: Alf Harrington
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07919 051104
Email Address: alfharr@aol.com

County Representative: Alan Tiffen
Telephone Nos: 01228 596118 (H)
07887 781533 (M)
Email Address: bramptonriff@supanet.com

President: Martin Plummer
Telephone Nos: 07725 039 174
Email Address: plumpots1@hotmail.com

Chairman of Rugby: Jim Goode
Telephone Nos: 07483904295
Email Address: 8goodejim@gmail.com

Fixture Secretary: David Morton
(as above)
Telephone Nos:
Email Address:

Referee Contact: David Rawling
Telephone Nos: 01228 710609
Email Address: dalston.rawls@hotmail.com

Safeguarding Officer: Gillian Shields
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Email Address: gill.shields@icloud..com :

Player Reg. Officer: David D. Morton
Telephone Nos: 01228 515486 (H)
07912 110782 (M)
Email Address: mortwas82@aol.com

Volunteer Coordinator: T.B.C.
Telephone Nos:
Email Address:

Coaching Coordinator: Jim Goode
Telephone Nos:
Email Address: Details as above

Coach: David Stout
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Email Address: destout@ymail.com

COCKERMOUTH

Address: Grassmoor Sports Centre
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Lorton Road, Cockermouth, Cumbria
Post Code: CA13 9XQ
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Website: www.rfu.com/clubs/cockermouth
Club Colours: Black and Amber

Club Chairman: Mr. Jeff Peet
The Old Chapel
Tallentire
Cockermouth
CA13 0PR
Telephone Nos: 01900 823069
Email Address: jeffpeet58@gmail.com

Honorary Treasurer: Mr. Jeff Peet
The Old Chapel
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Cockermouth
CA13 0PR
Telephone Nos: 01900 823069
Email: jeffpeet58@gmail.com

Honorary Secretary: Mr David Whild
8 Coldgill Avenue
Great Broughton
Cockermouth CA13 0YW
Telephone Nos: 01900 825272 (H)
07770 571350 (M)
Email Address: e-mailwhild@btinternet.com

County Representative: Jack storey
20 Challenor Street
Cockermouth, CA13 9QS
Telephone Nos: 01900 823279
Email: jackstorey74@outlook.com

President: Mr. David Coulthard
Telephone Nos: 01900 825490
Email Address: -

of Rugby:
Telephone Nos: 01900 823069
Email Address: jeffpeet58@gmail.com

Fixture Secretary: Mr. B. Mitchelhill
Telephone Nos: 01900 825366 (H)
07800 613122 (M)
Email Address: brian.mitchelhill@sky.com

Referee Contact: Mr. B. Mitchelhill
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Email address: brian.mitchelhill@sky.com

Safeguarding Officer: David Wild
Telephone Nos: 01900 825272 (H)
07770 571350 (M)
Email Address: whild@btinternet.com

Player Reg. Officer: Mr. Jeff Peet
Telephone Nos: 01900 824461
Email: peet@jeffreypeet51.orangehome.co.uk

Volunteer Coordinator: TBA
Telephone Nos: -
Email Address: -

Coaching Coordinator (s): Chris Wright
07789 996 774
wright.sportservices@gmail.com

Coaching: Gary Seward
Telephone Nos: 07744 592 671
Email Address: gary.crufc@yahoo.co.uk:

Chairman: Mr. Jeff Peet

CREIGHTON

(All correspondence to be addressed to the Company)

Address: Parkland,
Sycamore Lane,
Carlton, Carlisle
Post Code: CA1 3SR
Telephone Nos: 01228 521169
Email Address: -
Website: www.pitchero.com/clubs/creighton
Club Colours: Navy shirts

Club Chairman: John Rogers
31 Riverside Way,
Carlisle
Post Code: CA1 2DZ
Telephone Nos: 01228 534904 (H)
07739 249915 (M)
Email Address: john@rogers483.fsnet.co.uk

Honorary Treasurer: Steve Rangely
Telephone Nos:
Email Address: rangeleys@btinternet.com

Honorary Secretary: Karen Dudley
Wellington Cottage.,
Great Orton
Post Code: CA2 6AL
Telephone Nos: 07754 265 250
Email Address: karencreightonrfc@gmail.com

County Representative: Ian Langley
Kiln Green House, Wigton
Post Code: CA7 0HY
Telephone Nos: 016973 44900
07990 524682 (M)
Email Address: langley599@btinternet.com

President: Ian Langley
Telephone Nos: 016973 44900
07990 524682 (M)
Email Address: -

Fixture Secretary: Matthew Liddle
Telephone Nos: 07725460894
Email Address: mliddleplumbing@aol.com

Safeguarding Officer: TBA
Telephone Nos: -
Email Address: -

Volunteer Coordinator: Ian Langley
Telephone Nos: 016973 44900
07990 524682 (M)

Chairman of Rugby: Ian Langley
Telephone Nos: 016973 44900
07990 524682 (M)
Email Address: -

Referee Contact: Matthew Liddle
(as over)
Telephone Nos:
Email Address:

Player Reg. Officer: TBA
Telephone Nos: Telephone Nos: -
Email Address: -

Coaching Coordinator: TBA
Telephone Nos: -
Email Address: -

CUMBRIA CONSTABULARY

Address: C/O Penrith R.U.F.C.
Winters Park,
Penrith, Cumbria
Post Code: CA11 8RG
Telephone Nos: 01768 863151
Email Address: -
Website: -
Club Colours: Green & Black Shirts, Black Shorts/Socks

Club Chairman: Tom Hurst
Springbank, Wetherall
Carlisle, Cumbria
Post Code: CA4 8HD
Telephone Nos: 07846 578924 (M)
Email Address: t845@btinternet.com

Honorary Secretary: Shane Wheeler
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LA12 7LQ
Post Code: LA12 7LQ
Telephone Nos: 07530710837 (M)
Email: shane.wheeler@cumbria.pnn.police.uk

Honorary Treasurer: Adam Atkinson
C/O Brampton Police
Station, Longtown Road,
Brampton, Cumbria
Post Code: CA8 1SJ
Telephone Nos: 101
Email: adam.atkinson@cumbria.pnn.police.uk

County Representative: Tom Hurst
Springbank, Wetherall
Carlisle, Cumbria
CA4 8HD
Post Code: CA4 8HD
Telephone Nos: 07846 578924 (M)
Email Address: t845@btinternet.com

President: The Chief Constable
Telephone Nos: 101
Email Address: -

Chairman of Rugby: N/A
Telephone Nos: -
Email Address: -

Fixture Secretary: Shane Wheeler
Telephone Nos: 101 (W)
07980 747367 (M)
Email: shane.wheeler@cumbria.pnn.police.uk

Referee Contact: John Sealby
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Email: john.sealby@cumbria.pnn.police.uk

Safeguarding Officer: TBA
Telephone Nos: -
Email Address: -

Player Registration Officer: N/A
Telephone Nos: -
Email Address: -

Volunteer Coordinator: N/A
Telephone Nos: -
Email Address: -

Coaching Coordinator: N/A
Telephone Nos: -
Email Address: -

EGREMONT

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Egremont,
Cumbria
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Telephone Nos: 01946 820645
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Club Colours: Black & Amber

Club Chairman: Mr. Mark Finlinson
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07597 127897 (M)
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Honorary Treasurer: Mr. Laurence Oliver
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Honorary Secretary: Mr Colin Wharton
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07739 089626 (M)
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Cumbria
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President: Mr. W. H. F. Moran
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Fixture Secretary: Mr. Ian Littleton
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07972 533007 (M)
Email Address: ianhenrylittleton@tiscali.co.uk

Safeguarding Officer: Mr Stuart McNee
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Email Address: -

Volunteer Coordinator: TBA
Telephone Nos: -
Email Address: -

Chairman of Rugby: Mr. Huw Lewis
13 Seacroft Drive, St Bees
Telephone Nos: 01946 823132 (H)
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Referee Contact: Mr. Ian Littleton
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Email Address: ianhenrylittleton@tiscali.co.uk

Player Reg. Officer: Mr. John Musgrave
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Coaching Coordinator: Mr. Huw Lewis
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Telephone Nos: 01946 823132 (H)
07789 858234 (M)
Email Address: huwlewisontour@hotmail.com

FURNESS

Address: Strawberry Ground,
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Cumbria
Post Code: LA13 9LA
Telephone Nos: 01229 825226
Email Address: webmaster@furnessrugby.co.uk
Website: www.frufc.net
Club Colours: Blue and White

Club Chairman: Chris Reid
23 Cliffe Lane,
Barrow-in-Furness,
Cumbria
Post Code: LA14 4HU
Telephone Nos: 01229 834521
Email Address: reid2021@tiscali.co.uk

Honorary Secretary: Ken Oliver
14 East Drive, Birkrigg Park,
Ulverston, Cumbria
Post Code: LA12 0UB
Telephone Nos: 01229 581569 (H)
01229 582561 (W)
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Honorary Treasurer: Gary Brown
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Barrow-in-Furness,
Cumbria
Post Code: LA14 4ND
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Email Address: h.watt957@btinternet.com

County Representative: Brian Mitchell
53 Mulberry Way,
Barrow-in-Furness,
Cumbria
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Telephone Nos: 01229 826381 (H)
Email Address: frufc@frufc.net

President: John Mallinson
Telephone Nos: 07958 334607 (M)
Email Address: president@furnessrugby.co.uk

Chairman of Rugby: Rhys Studt
Telephone Nos: 07766 937127 (M)
Email Address: rugby@furnessrugby.co.uk

Fixture Secretary: Rhys Studt
Telephone Nos: 07766 937127
Email Address: fixtures@furnessrugby.co.uk

Referee Contact: Rhys Studt
Telephone Nos: 07766 937127 (M)
Email Address: fixtures@furnessrugby.co.uk

Safeguarding Officer: Chris Reid
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Player Reg. Officer: Brian Mitchell
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Email Address: frufc@frufc.net

Volunteer Coordinator: Brian Mitchell
Telephone Nos: 01229 826381
Email Address: frufc@frufc.net

Coaching Coordinator: Steve Perry
Telephone Nos: 07595 043007 (M)
Email Address: steveperry@homeandfinance.org

GOSFORTH GREENGARTH

Address: C/O 11 Pelham Drive,
Calderbridge, Seascale,
Cumbria
Post Code: CA20 1DB
Telephone Nos: -
Email Address: -
Website: -
Club Colours: Maroon and Gold

Club Chairman: Jason Graham
11 Pelham Drive,
Calderbridge, Seascale,
Cumbria
Post Code: CA20 1DB
Telephone Nos: 07736 068473 (M)
Email Address: jason.graham7@btinternet.com

Honorary Secretary: Paul Rudd
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Post Code: CA20 1LB
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Honorary Treasurer: Richard Gray
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Gosforth, Seascale
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County Representative: Douglas Quayle
Post Code: -
Telephone Nos: 07515 505858 (M)
Email Address: dquayle@hotmail.com

President: Ian Sharp
Telephone Nos: 01946 841744
Email Address: -

Chairman of Rugby: N/A
Telephone Nos: -
Email Address: -

Fixture Secretary: Paul Rudd
Telephone Nos: 019467 27922 (H)
07792 981862 (M)
Email Address: paulpud1@btinternet.com

Referee Contact: Paul Rudd
Telephone Nos: 019467 27922 (H)
07792 981862 (M)
Email Address: paulpud1@btinternet.com

Safeguarding Officer: Paul Dickinson
Telephone Nos: 01946 721072
Email Address: -

Player Reg. Officer: Stuart Rigg
Telephone Nos: 07419 110819 (M)
Email Address: rock-e@hotmail.co.uk

Volunteer Coordinator: N/A
Telephone Nos: -
Email Address: -

Coaching Coordinator: Steve Edgar
Telephone Nos: 01946 841584
Email Address: -

HAWCOAT PARK

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Barrow-in-Furness, Cumbria
Post Code: LA14 4HF
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Email Address: hprufc@btinternet.com
Website: www.vrufc.co.uk
Club Colours: Maroon and White

Club Chairman: John Horne
64 Rakesmoor Lane,
Barrow-in-Furness,
Cumbria
Post Code: LA14 4LQ
Telephone Nos: 01229 837178
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Honorary Secretary: Steve Slater
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Honorary Treasurer: Terry Burns
52 Abbots Vale,
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Email Address: -

County Representative: Alan Troughton
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Post Code: LA13 OJN
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Email Address: alantrouts@hotmail.com

President: Eddie France
Telephone Nos: 01229 824536
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Chairman of Rugby: N/A
Telephone Nos:
Email Address:

Fixture Secretary: Tony Skelton
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Referee Contact: Tony Skelton
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Safeguarding Officer: Carmen Sayle
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Player Reg. Officer: Chris Thompson
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Volunteer Coordinator: Steve Slater
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Coaching Coordinator: Scott Kaigan
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KENDAL

Address: Mint Bridge,
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Kendal, Cumbria
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Telephone Nos: 01539 734039
Email Address: info@kendal-rugby.co.uk
Website: www.kendalrugby.co.uk
Club Colours: Amber and Black

Club Chairman: Dr Stephen Green
c/o Kendal RUFC,
Mint Bridge,Shap Road,
Post Code: LA9 6NY
Telephone Nos: 01539 722842 (H)
07860 565341 (M)
Email Address: sgreen514@btinternet.com

Finance Director: Amanda Whitehead
c/o Kendal RUFC,
Mint Bridge,Shap Road,
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Honorary Secretary: Mrs Karen Robinson
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Brigsteer, Kendal
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County Representative: Steve Whitehead
c/o Kendal RUFC,
Mint Bridge,Shap Road,
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Telephone Nos: 07967 507 956
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President: Mike Bowerbank
Telephone Nos: -
Email Address: -

Club Fixture Secretary: Steve Whitehead
07967 507 956
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Safeguarding Officer: Nick Milner
Telephone Nos: 07968472889
Email Address: rugbydirector@kendalrugby.co.uk

Volunteer Coordinator: Steve Whitehead
Telephone Nos: 07967 507956
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Director of Rugby: Steve Whitehead
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Director of Youth Rugby: Sarah Keast
Macallan, Shool Hill,
Lindale, LA11 6LE
Telephone Nos: 07793525185
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Referee Contact: Arthur Perie
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Player Reg. Officer: Roger Wilson
Telephone Nos: 01539 740449
Email Address: registration@kendalrugby.co.uk

Coaching Coordinator: Nick Milner
Telephone Nos: 07968472889
Email Address: rugbycoordinator@kendalrugby.co.uk

KESWICK

Address: Davidson Park,
Crowpark Road, Keswick,
CA12 5EG
Post Code: CA12 5EG
Telephone Nos: 017687 81086
Email Address: -
Website: www.keswickrugby.com
Club Colours: Navy, green and yellow hooped shirts
Steward: Brian Moll 07703 000240

Club Chairman: Trevor Keough
Telephone Nos: 07810 542 322
Email Address: trevor@momentumworld.org

Honorary Secretary: Elizabeth Weightman
Greengarth, Eleventrees,
Keswick
Post Code: CA12 4LW
Telephone Nos: 017687 74848 or
017687 72448
Email Address: lizziemint@hotmail.co.uk

Honorary Treasurer: Andy Wallace
Puzzling Place
Museum Square, Keswick
Post Code: CA12 5DZ
Telephone Nos: 07946 344291 (M)
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County Representative: Trevor Keough
Beech House
Blindcrake, Cockermouth
Post Code: CA12 4LW
Telephone Nos: 07810542322
Email Address: trevor@momentumworld.org

President: Malcolm Craghill
Telephone Nos: 017687 74497
Email Address: shop@craghills.co.uk

Chairman of Rugby:
Telephone Nos:
Email Address:

Fixture Secretary: Trevor Keough
Telephone Nos: 07810 542 322
Email Address: trevor@momentumworld.org

Referee Contact: Trevor Keough
Telephone Nos: 07810542322
Email Address: trevor@momentumworld.org

Safeguarding Officer: Kate Clark
Telephone Nos: 07719 917 200
Email Address: kate.1702@btinternet.com

Player Reg. Officer: Mrs. Sally Pepper
Telephone Nos: 017687 72849/ 07732665715
Email Address: castlefell31@tiscali.co.uk

Volunteer Coordinator: N/A
Telephone Nos: -
Email Address: -

Coaching Coordinator: Richard Metcalf
Telephone Nos: 07824 569613
Email Address: richard.metcalf@cumbria.gov.uk

KIRKBY LONSDALE

Address: The Clubhouse
Underley Park, Kirkby Lonsdale,
Cumbria
Post Code: LA6 2DS
Telephone Nos: 015242 71780
Email Address: admin@klrufc.co.uk
Website: www.klrufc.co.uk
Club Colours: Red/Black/Amber Hoops

Club Chairman: Nigel Winn
Biggins Forge, High Biggins
Kirkby Lonsdale
Post Code: LA6 2 NP
Telephone Nos: 015242 722881
07443 869038
Email Address: chairman@klrufc.co.uk

Honorary Secretary: Nigel Winn
Biggins Forge, High Biggins
Kirkby Lonsdale, Cumbria
Post Code: LA6 2NP
Telephone Nos: 015242 72881 (H)
07443 869038 (M)
Email Address: honsec@klrufc.co.uk

Honorary Treasurer: David Williams
25 Fairgarth Drive,
Kirkby Lonsdale, Cumbria
Post Code: LA6 2DT
Telephone Nos: 015242 72582 (H)
Email Address: hontreasurer@klrufc.co.uk

County Representative: Gary Mountain
Fjelheim, Kirkhampton
Burgh by Sands, Carlisle
Post Code: CA5 6HT
Telephone Nos: 01228 576738
Email Address: chrisfjelheim@googlemail.com

President: Bryan Bradshaw
Telephone Nos: 015242 61428
Email Address: bb2310@hotmail.com

Chairman of Rugby: Matt Hughes
Telephone Nos: 07780443185
Email Address: m.e.hughes@hotmail.co.uk

Fixture Secretary: Pip Brown
23 Top Road
Frodsham
Cheshire WA6 6SP
Telephone Nos: 07789915466
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Referee Contact: Pip Brown
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Volunteer Coordinator: Bryan Bradshaw
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Coaching Coordinator: Matt Hughes
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MILLOM

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Email Address: secretary@mrufc.co.uk
Website: www.mrufc.co.uk
Club Colours: Blue and white

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Post Code: LA18 5LZ
Telephone Nos: 01229 775886
Email Address: drew.fallow123@btinternet.com

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President: John Benn
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Email Address: -

Fixture Secretary: Tony Park
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Safeguarding Officer: Rachel Sheard
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Player Reg. Officer: Andrew Fallows
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Coaching Coordinator: Gordon Park
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Website: -
Club Colours: Red & White Jerseys

Club Chairman: Tommy Callan
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WINDERMERE

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Volunteer Coordinator: TBA
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Coaching Coordinator: Graham Smith
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Chairman Dan Harrison

WORKINGTON

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Change Colour: Red Jerseys

Club Chairman: John Dryden
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Volunteer Director: TBA
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Director of Rugby: Dan Bowman
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Richard Baty

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