



Cumbria Rugby Union Newsletter

Issue 70 October 2017

MORE PLAYERS – MORE TEAMS – MORE GAMES

Cumbria RU Office – 01946 839316 (Tel/Fax)
Liam Nicholls – liamnicholls@rfu.com – 07711 901 374
Amanda Evans – cumbriarugby@outlook.com



Young Whistler – Robbie Skelton takes charge of his first Senior Club Game as a Society Member.



GMS Fixtures & Results Recording

The RFU have added a new 'Team Management Tile' onto the GMS System, which allows clubs to manage their teams but also to add games and record results which can then be used to allocate international tickets and measure the amount of rugby being played across the country. The insight will also allow early identification of common trends and give the local team an opportunity to make more informed decisions. Please ensure you add ALL your FIXTURES & RESULTS, including friendly games as they all count towards your international ticket allocation. Those in RFU Leagues will be added automatically. If you need support with this, please contact us, we will be happy to help.

Windermere Show Off New Playing Kits for 17/18

Windermere RUFC have secured support for a batch of new playing kits for 2017/18 as their profile continues to grow in the local community. The kits were supplied by Raging Bull who have been a great sponsor of a number of clubs in Cumbria as well as the County itself thanks to Penrith based Representative Nigel Beaty. The Senior Men's & Ladies (Warriors) teams have new home kits, whilst there is also a multi purpose away kit which debuted at the recent Windermere v Egremont Game to ensure no colour clash. The kit must be a good omen as 'Mere' ran out 34-33 winners on the day. Thanks to all sponsors who supported the club to make the kits a reality.



News

- GMS Fixtures & Results
- Windermere 'New' Playing Kits
- Women's & Girls Forum
- Carlisle launch Girls Section
- GMS Pilot Session in Allerdale
- Girls Development Festivals

For more events, news & Info –
www.cumbriarugby.co.uk

Interested in running a course at your club???

If you are interested in running a course at your own club we now have a certain amount of flexibility through our club centric approach. If we have a critical mass of numbers we can support this and open up to other local clubs to deliver to your needs.

Do you have some news? Don't forget to let us know and we will feature you in the Newsletter!



Women's & Girls Forum

The next Women & Girls Club Rugby Forum in Cumbria is planned for 16th October at Keswick RFC. All clubs are welcome; Existing, New & Potential!

Time	Topic	Delivered by
6.30pm	Tea/Coffee Buffett	
7pm	Welcome	Katie Harper
7pm	The W&Gs Rugby Landscape	Pete Taylor
7.15pm	Player/Volunteer/Coach Recruitment (Including funding support for 17/18)	Liam Nicholls /KH/PT
7.45pm	GMS - Game Management System.	LN
8pm	CARDS - How to coach with Creativity, Awareness, Resilience, Decision making and Self-Organisation	CRCs (outdoor session)
9pm	Hot Topics - Open Forum	All

Carlisle RFC launch 'New' Girls Section

Carlisle RFC have kicked off the new season with the launch of a new girls section at the club. The club are initially concentrating on the U13 & U15 age groups. Ex Carlisle Cougars player Sam Meakin and Ex Youth Chair Barbara Gower will be taking up the coaching duties. Both ladies are working hard with the local schools to attract new players through the RFU All Schools Programme which sees support for 4 of the feeder Secondary Schools locally. If you are interested in Women's or Girls rugby then Carlisle RFC would be willing to help out, please visit;
www.pitchero.com/clubs/carlislerugby



GMS Pilot Session in Allerdale

The majority of Allerdale clubs attended an enjoyable pilot GMS event delivered by Cumbria RDO Liam Nicholls at Wigton. The session was aimed at better understanding of the system and an opportunity to network with other users. Lots of great feedback and some unanswered questions which were passed onto HQ for reference. The session was going to be followed up with local user group meetings to measure progress and share good practice.

Girls Rugby Development Days looking Promising!

Girls rugby is up and running this season with the 1st development fixture day having been held at Kirkby Lonsdale on 24th September. There were 39 girls from 6 clubs aged U13 – U18 in attendance making it the largest girls club event have held in Cumbria since beginning the Programme. The amount of players meant that girls at U18 and U15 ages managed to play matches allowing coaches from the clubs to see players put their skills into practice on the field. The day was supported by Kirkby Lonsdale development officer Scott Armstrong.



Action from the Girls Development Day.

Upcoming Events in Cumbria

- 10th Oct – CB Management Mtg @ Penrith – 7-9pm
- 15th Oct – Girls Development Festival @ Cockerham – 1-3pm
- 16th Oct – W&G Development Forum @ Keswick – 6:30-9:15pm
- 22nd Oct – Carlisle RugbyAware Session @ Carlisle RFC – 10am-1pm (Pt 1&2)
- 23rd Oct – Cumbria Team Meeting @ Lakes College – 10-1pm
- 24th Oct – Young Volunteer Workshop East – Penrith RU -12:15-4pm
- 25th Oct – Young Volunteer Workshop West – Lakes College -12:15-4pm
- 10th Nov – RU in Secondary Schools Course @ Kirkbie Kendal – Time TBC
- 13th Nov – Cumbria Team Meeting @ Lakes College – 10-1pm

Pictures of Activity in Cumbria are on our Facebook Group 'Cumbria Rugby Union Pictures'!

Are you following?
[@CumbriaRDO](https://www.facebook.com/CumbriaRUGBY)
[cumbriaru](http://cumbriaru.com)

