





- (b) It is recommended that any player who has suffered concussion shall not participate in any match or training session for a minimum period of 19 days for adults (defined as a player aged 19 years and above at 1 September of relevant year) or 23 days for children and adolescents (defined as a player aged under 19 years at 1 September of relevant year) from the time of injury. All players should be reviewed by a medical practitioner and should not return to train or play until symptom free and having successfully completed the WRU graduated return to play programme. It is recommended that declarations of return to fitness to train and play be supported by a written medical practitioner's report. The WRU Concussion Guidance document is available online at [WRU.Wales/medical](http://WRU.Wales/medical)
- (c) **A player may not represent two different Clubs in successive rounds of the Competition.**
- (d) No player is eligible to play for a Club in the Competition if he transfers, or is registered, after 11:59pm 31<sup>st</sup> January 2017, unless such player is:
- (i) A player, registered with that Club's Youth team, who has attained the age of 18 and is subsequently registered as a senior player with that Club.
  - (ii) A Player who is subject to a permanent residential relocation from another area where extensive travel (in excess of 100 miles round trip) precludes the player continuing to play for his former Club **Before such a player may play in the Competition the player's registration must be sanctioned by the WRU's Regulatory Committee.**
  - (iii) A Player not previously registered with any other rugby Club. **Before such a player may play in the Competition the player's registration must be sanctioned by the WRU's Regulatory Committee.**
- (e) A player who is transferred prior to 11:59pm on 31<sup>st</sup> January 2017 will be eligible to play for his new Club in the Competitions provided the transfer and registration process is completed properly and confirmation has been received in line with the Player Registration and Transfer Regulations.

However, if the player has played for another Club in the previous round of a WRU National Knock Out Competition in the 2015/2016 season (be it Cup, Plate or Bowl) he must miss the round for his new club immediately after the date of his transfer before he becomes eligible to play.



(f) **PLAYER LOAN SCHEME**

Details of the Player Loan scheme are outlined in Regulation 6 of the Player Registration and Transfer Regulations.

(g) **PLAYER PERMITS**

The **player permit** scheme will operate as follows:

- (i) In any match in the Competition, a Club may play up to a maximum of 4 players on permit in total.
- (ii) A player may not play on permit for another Club if he has played for his Club in the previous round of a WRU National Knock Out Competition in the 2016/2017 season (be it the Cup, Plate or Bowl).
- (iii) A player may not play for his Club if he played on permit for another club in the previous round of a WRU National Knock Out Competition in the 2016/2017 season (be it Cup, Plate or Bowl).
- (iv) A player registered with a Regional team is not eligible to play for a Club in the competition. A player who is registered solely with a **Regional Academy** may play on permit for a Club in the Competition. The requisite permits may be granted only by the Manager of the Regional Academy, or nominated deputy, and lodged with the Union’s Fixture & Competitions Manager 24 hours before the match takes place.
- (v) **Permits from Clubs in the Premier Division and Championship ARE NOT ALLOWED.** Permits may be obtained as outlined in the following table:-

Division	Clubs from where permits may be obtained
Division 1	Regional Academy (max 4) Divisions 1 to 3, 1 & 2 North (max 4) District member Clubs (max 4) (OVERALL MAXIMUM OF 4 PERMIT PLAYERS PER MATCH)
Division 2	Regional Academy (max 4) Divisions 1 to 3, 1& 2 North (max 4) District member Clubs (max 4) (OVERALL MAXIMUM OF 4 PERMIT PLAYERS PER MATCH)
Division 1 North	Regional Academy (max 4) Divisions 1 to 3, 1& 2 North (max 4) District member Clubs (max 4)



	(OVERALL MAXIMUM OF 4 PERMIT PLAYERS PER MATCH)
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- (vi) A permit must be sought for each match in which a player plays and such permit may be granted for a match at any time in the season subject to the conditions set out in Regulation 7 of the Player Registration and Transfer Regulations.
  - (vii) Details of the player permit system and process are outlined in Regulation 7 of the Player Registration and Transfer Regulations.
  - (viii) Team sheets submitted to the referee prior to the start of a match **must** identify players on permit or loan and their parent Club. The Team sheets must identify the tight head and loose head replacements. In addition the Team sheets must identify the Head Coach of each Team.
- (h) **Dual Registration Scheme**
- A player who is dually registered will be eligible to play in the Competition. Details of the Dual Registration Scheme are set out in Regulation 8 of the Player Registration and Transfer Regulations. A player may not play for his Club if he played on dual registration for another Club in the previous round a WRU National Knock Out Competition (be it Cup, Bowl or Plate).
- (i) **Replacements**
  - (i) **In Rounds 1 to 4 of the Competition**, no more than 5 replacements may be named. If a Club does name 5 replacements, there must be a total of 5 players who are suitably trained and experienced who can play in the front row to ensure that on the first occasion that a replacement hooker is required and, on the first occasion that a replacement prop forward is required, the team can continue to play safely with contested scrums.
  - (ii) **In Quarter Final to Final Rounds of the Competition**, no more than 8 replacements may be named. If a Club does name 8 replacements, there must be sufficient front row players to play at hooker, tight-head prop and loose-head prop who are suitably trained and experienced to ensure that on the first occasion that a replacement is required in each front row position the team can continue to play safely with contested scrums.
- A Club may play without any named replacements. If that Club names 15 players only there is no need to name more than 3 suitably trained and experienced front row players.



For clarification, Law 3.5 of the Laws of the Game state:-

Each player in the front row and any potential replacement(s) must be suitably trained and experienced.

When 16, 17 or 18 players are nominated in a team there must be four (4) players capable of playing in the front row.

When 19, 20, 21 or 22 players are nominated in a team there must be five (5) players who can play in the front row to ensure that on the first occasion that a replacement hooker is required and, on the first occasion that a replacement prop forward is required, the team can continue to play safely with contested scrums.

The replacement of a front row forward **must** come from suitably trained and experienced players who **started** the match or from the nominated replacements.

If after a front row player has been sent off or during the time a front row player is temporarily suspended, and there are no further front row players available from the nominated team, then uncontested scrums will be ordered. **It is not the responsibility of the match official to determine the suitability of trained front row replacements nor their availability, as this is a team responsibility.**

5. **Entry Condition**

All Clubs participating in the Competition shall be subject to and shall comply with these Rules.

6. **Responsibility for Organisation**

- (a) All matches from Round 1 to Quarter Final (inclusive) in the Competition - Home club
- (b) Semi Finals and Final of the Competition - WRU
- (c) The Final will take place on the date and at a venue specified by the WRU

7. **Match Officials**

- (a) Referees will be appointed by the WRU for all matches in the Competition.
- (b) Assistant Referees will be appointed by the WRU for each of the *Quarter Final*, Semi Final and Final matches. The competing Clubs will appoint touch judges to all other matches in the Competition.

8. **Duration of Play**

80 minutes each match (40 minutes each half) plus any time permitted for delays. At half time an interval of not more than 10 minutes is allowed. If scores equal at full time - see Rule 12.



The match official is to be the sole judge of the amount of time played.

9. **Venue**

Except by mutual agreement of the competing Clubs, all matches in the Competition in Round 1 to the Quarter-Final Rounds (inclusive), will be played on the grounds of the Clubs drawn first in respect of each match. This Club will be the Home Club - see Rule 14.

The Semi-Finals will be played at a ground or grounds selected by the WRU

The Final will be played at a ground selected by the WRU.

10. **The Draw**

The draw for Round 1 shall be made on or before 31<sup>st</sup> August 2016.

The draw for Round 2 and subsequent rounds shall ordinarily be made during the week following the scheduled date of the preceding Round in the Competition.

11. **Dates for Rounds**

All matches must be played on the following dates except in the case of postponement because of adverse ground or weather conditions.

<b><u>Plate</u></b>	<b><u>Date</u></b>
Round 1	8 <sup>th</sup> October 2016
Round 2	29 <sup>th</sup> October 2016
Round 3	10 <sup>th</sup> December 2016
Round 4	14 <sup>th</sup> January 2017
Quarter Final	18 <sup>th</sup> February 2017
Semi Final	25 <sup>th</sup> March 2017
Final	16 <sup>th</sup> April 2017 (provisional)

12. **Declaration of Winners**

Winners of the matches in each Round in the competition will be:-

- (a) The Club which has scored the greatest number of points at the end of the match.



- (b) In the event of an equal number of points being scored by each Club at the end of the match, winners will be declared in the following priority:-
- (i) The Club which has scored the greater number of tries.
  - (ii) The Club which has scored the greater number of (converted tries).
  - (iii) If after (i) and (ii) have been applied no clear winner has emerged, extra time of 20 minutes (ten minutes each way) will be played and the winners declared in accordance with (a) or (b), (i) and (ii).
  - (iv) If the result is still a tie the Club playing away from home will be declared the winner, except in the case of the Semi Finals where a replay will take place, such replay to be played within 14 days. If the result is still a tie then the winners will be decided on the toss of a coin. In the Final the result shall be declared a draw and the Trophy held by each Club for six months.
- (c) **If a Club elects to take uncontested scrums** in a tie the matter will be reported by the appointed Referee to the Regulatory Committee. The Regulatory Committee will hold an inquiry into why uncontested scrums had taken place during a match. If after this inquiry the Regulatory Committee deems it appropriate it may apply any of the sanctions upon the offending club set out in Rule 16.

13. **Notification of Winners**

The appointed Referee will notify the WRU of the result of each match up to and including the Semi-Finals, within three days after the matches have been played. Each notification must be accompanied by team lists, which must be completed by Officials of each Club and handed to the Match Official prior to the kick-off.

14. **Postponed or Abandoned Matches**

- (a) **Postponed Matches:** Postponed matches must be played any time midweek or on a non-League weekend at least seven (7) days prior to the next scheduled Round of the Competition. The match will be played either at the original venue or at a venue and time acceptable to both Clubs.
- (b) **Abandoned Matches:** All matches must be played to full time. The Referee is to be the sole judge of the amount of time played. If a match is abandoned before full time it must be replayed within 10 days, either at the original venue or at a venue and time determined by the Home Club **unless both Clubs agree the score, at the time of the abandonment, should stand.** The WRU has the discretion to extend the 10 day period in the event of extenuating circumstances.

**Rearranged Matches:** Participating Clubs are entitled to rearrange matches that are either postponed or abandoned. However, if after two attempts both Clubs are unable to rearrange the match, the Regulatory Committee has the absolute discretion to determine the venue at which the rearranged match will be staged.



15. **Protests and Disputes**

Save for matters which fall to be determined in accordance with the WRU's Disciplinary Regulations, the WRU's Regulatory Committee shall be responsible for and have discretion in dealing with any protest or dispute arising out of the Competition or these Rules. Any such protest or dispute must be made by a Club in writing to the WRU's Administration Manager and accompanied by a fee of £100 which may or may not be refunded. No protest or dispute relating to matches played in the Competition will be considered if made more than four days after the match in question has taken place. The WRU's Regulatory Committee shall have discretion to investigate any breach of these Rules at any time and to take such action as it shall deem appropriate.

- (i) Any Club that wishes to appeal a decision of the WRU's Regulatory Committee made pursuant to these Rules may do so to an appeal body appointed by the Board of Directors, which may include the appointment of a legally qualified independent Chairman, provided that the Club's appeal is lodged in writing, with the WRU's Administration Manager within seven days of the WRU's Regulatory Committee's decision being notified to it, accompanied by a fee of £100 which may or may not be returned. If the decision is given orally, the period of seven days shall run from the date of the oral decision but otherwise shall run from the date of receipt of the decision in writing by the Honorary Secretary of the Club.
- (ii) In carrying out their functions pursuant to these Rules, the WRU's Regulatory Committee and any appeal body appointed by the Board of Directors of the WRU pursuant to Rule 15(i) shall have the power to regulate their own procedure in respect of the matters which fall to be considered by them.

16. **Sanctions**

- (i) The WRU's Regulatory Committee may apply any appropriate sanction it deems fit to any Club without limitation, found to be in default, or failing to comply with these Rules.
- (ii) Where any Club has been found to have included an ineligible player(s), that is a player who is not registered with a Club or a player whose name does not appear on the team sheet submitted by the Club in a match in the Competition, the WRU's Regulatory Committee shall have the power to penalise the offending Club further by disqualifying the Club from the Competition. Should a Club withdraw its participation prior to the start of the Competition, or fail to complete a match in the Competition, that Club may be barred from entering the WRU cup competitions in the following Season and a fine of up to £250 may be deducted from the Club's core rugby grant in the relevant Season.
- (iii) Should any Club withdraw from the Competition for two consecutive seasons, they may be withdrawn from the Competition for future seasons, the period of which will be determined by the Regulatory Committee.

17. **Security of Trophy**

The Plate shall be handed to the winner of the Plate competition. This Club will be responsible for the safe custody of the trophy and subsequent return to the WRU, by 1 April each year.





Whilst the trophy is in the possession of the Winning Club the Club will insure the trophy and ensure it is kept in good repair and condition.

18. **Accounting Issues**

a. **Financial Statements**

Financial statements must be produced in respect of all matches played in the Quarter Finals and subsequent rounds of the Competition, irrespective of whether a profit has been made, and forwarded to the WRU Fixture & Competitions Manager as follows:-

- i. Quarter Final / Semi Final
  - by the Club at whose ground the match is played;
- ii. Final
  - by the WRU

b. **Timescales**

These financial statements are to be produced as follows:-

Quarter Finals / Semi Finals / Final – not later than 28 days after the date of the match.

c. **Financial Distributions**

**Round 1 to Round 4**

The WRU will make payment of the sum of £200 to the Away Sides plus, where applicable make, a payment for excess mileage (see travel expenses below).

All gate receipts, bar proceeds and other income are to be retained by the home club to cover the costs of staging the match.

Any profit made from the match is also retained by the Home Club, however any loss made must be borne by the Home Club.

**Quarter Final**

The WRU will make payment of £100 to both Sides. The WRU will also make a payment to the Away Sides, where applicable, for excess mileage (see travel expenses below).

The net gate receipts, after costs, will be split equally between the Home and Away Sides.

**Semi-Finals**



Gate receipts from the semi-final matches, after deduction of expenses incurred by the WRU in staging the match and where appropriate, travelling expenses for Clubs participating, will be divided as follows:

Clubs participating ..... 100% (25% each)

#### **Allowable Expenses**

Expenses incurred in staging a match will be limited to normal actual expenses, and accounts will be examined so as to exclude unauthorised expenses and those of an unreasonable nature. Copy invoices must be provided on request.

#### **Non Allowable Expenses**

- (a) Expenses incurred with arrangements for special training.
- (b) Payment to players or the payment of players' expenses to point of assembly or the expenses of players not travelling by official transport.
- (c) Hire of additional spectator refreshment facilities.
- (d) Expenses of Match Officials which are to be claimed in the usual way.
- (e) Payment of bar and other staff.

#### **Final**

Gate receipts, after deduction of expenses incurred by the Union in staging the match and where appropriate, travelling expenses of Clubs participating, will be attributed to the Competition's Reserve Fund. Prize money will be paid to the winners of the Competition.

Prize money will be paid as follows:

Winning Club - £6,000  
Runners Up - £3,000

#### **Travel Expenses**

The Away Side will receive a payment of £2.10 per mile by way of travel expenses incurred in a round journey in excess of 60 miles.

Where a club needs to travel to or from District J it can claim for the cost of a coach and overnight meals and accommodation for 26 people up to a maximum of £1,750. Invoices and receipts must be submitted to support the claim. This replaces the £200 and excess mileage payments.

#### **Ticketing**

Home Clubs are obliged to offer their visitors a minimum of one third of available Stand Tickets.



When tickets are issued by the WRU on a sale or return basis, any unsold tickets must be returned no later than 14 days after the date of the match with a breakdown of concession tickets sold where applicable.

#### **Admission Charges**

Admission charges for ties played in the Semi Finals and Final in the Competition shall be determined, from time to time, by the WRU.

#### **Programmes**

Receipts from separate programme sales may be retained by the Home Club. Similarly, any loss sustained in the production of a programme shall be borne by the Home Club and not included in the match account. These provisions shall not apply to Semi Finals and Final where net receipts shall be included in the match account. Where admission is by programme the whole net receipts shall be regarded as gate money.

#### 19. Regulatory Committee of the WRU

The Regulatory Committee has the absolute discretion to adapt any area contained within these regulations to ensure the integrity of the Competition is maintained and the Competition is concluded in a clear, fair and equitable manner.