

## HEALTH AND SAFETY

1. All players must inform Club Registration Secretary of any allergies/illness/injury at the beginning of the season. Details must be provided when completing the Club's registration form. Necessary preventive medicines must be carried at all times for self-administration unless in emergency.
2. All players must wear shin pads. No player will be allowed to train/play unless he/she is wearing the same.
3. All managers must have a First Aid kit with adequate and up to date supplies readily available at all training sessions, matches and competitions and have first aid training.
4. All teams must have a qualified first aider present at all times both during matches, training and competitions.
5. All injuries to players resulting in medical treatment being required, must be reported to the Secretary and if he/she considers it necessary an accident report submitted.
6. Every care must be taken that, in the event of an accident club procedure is followed, namely: (a) The injury must be assessed by a qualified First Aider. (b) In the event of further medical advice being sought (i.e. hospital) parent/carer must be contacted immediately. (c) In the event that the Team Manager is unable to contact the parent/carer, the player remains his /her responsibility, or that of his/her delegated representative, until such time as a suitable person can be contacted and is present to assume that responsibility. (d) All necessary care must be taken that at no time is an injured club member left unattended by a Club Official or suitably responsible person.
7. A list of qualified First Aiders within the Club is available for inspection and all certificates must be checked and approved by the Club before any addition to this list is made.
8. In accepting the responsibility to manage a team the manager is deemed to abide by this health and safety policy.