

SIDCUP RUGBY FOOTBALL CLUB

Emergency Procedure Policy

SIDCUP RUGBY FOOTBALL CLUB
Sydney Road, Main Road, Sidcup Kent DA14 6RA

Club Telephone Number: 020 8302 2336

General Instruction

Members should not park in areas that restrict access to the Clubhouse or the playing area, particularly the main access route from the gate

Emergency Procedure

In the event of an emergency/serious injury the emergency services should be contacted immediately via **999** using the instructions on display by the club telephone or in **First Aid kits**.

The nearest public telephone box is situated in Sydney Road at the entrance to the Club.

There is also a telephone situated behind the bar. When the bar area is closed and the phone is not available, or in extreme emergencies a mobile phone should be used.

A responsible person should go to the front entrance to direct the ambulance to the Club or area where the casualty is.

The Medical Room is located in the corridor leading to the changing rooms. Keys to doors of the medical room are situated behind the bar and are also in the possession of the Club Steward and the Grounds man.

FIRST AID Boxes are available from the bar and situated in the Medical Room.

It is MANDATORY that at any training session or match that there MUST BE A FIRST AID BOX and a MOBILE PHONE in the position of a Coach or team Manager.

Should there be an incident, a responsible person shall be dispatched to the nearest available First Aider who will attend to the casualty. If this is sufficient, the First Aider will remain with the casualty until the risk is reduced or. If the casualty is a minor, until they are relieved by a parent/carer.

Should a First Aider not be available, the coach/manager or group leader will be required to assess the situation and make a decision whether medical help shall be called. It is important to err on the side of caution and, if unsure, call for help.

THE NEAREST HOSPITALS WITH A & E DEPARTMENTS ARE:

Queen Elizabeth Hospital Woolwich
Stadium Road
Greenwich
London
SE18 4QH
Telephone: 020 8836 6000

Princess Royal University Hospital
Farnborough Common
Orpington
Kent
BR5 8ND
Telephone: 01689 863000

There is a WALK IN URGENT CARE CENTER AT Queen Mary's Hospital Sidcup which is open 24 hours a day – 7 days a week. Which will deal with fractures, cuts needing stitching, eye problems, bumps & bruises.

Queen Mary's Hospital, Frognal Avenue, Sidcup, Kent DA14 6LT
Telephone: 020 8302 2678.

MAP of QUEEN MARY'S HOSPITAL LOCATION

