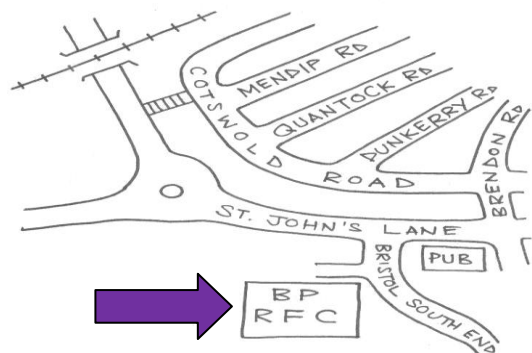




AT BROAD PLAIN RFC (SPRING 2011) PRIMARY AGE KIDS RUGBY

RUGBY FOR CHILDREN 4 AND UPWARDS

Where Are We?



The Club has brand new facilities at Bristol South End, just off St John's Lane, near the Brunel Pub.

For history fans, 'Bristol South End' was the former name of Bristol City FC, who played on this very ground until moving to Ashton Gate in 1904.

Tag Rugby – Reception and Years 1 – 3

Tag is a fast-and-furious non-contact version of rugby, with very simple rules and no set positions – just 7 players per side, all completely interchangeable. Pretty much like tag at school, except there's a ball to carry and pass, and a tag is made by pulling a plastic 'tag' off of your opponent's Velcro tag belt.

There are no scrums or line-outs. Games are played over 7 or 10 minute halves, and scoring is frequent, with scores of, say, 10 tries to 8, not uncommon.

This is great for the kids as they all get an opportunity to score! The accent is on having fun, but it's nice to win! Last year we had a great season and finished with a winning streak.

Kids from age 4 upwards are welcome to come and train. We have an Under-6 group, for kids up to and including Year 1, and an Under-8 group for Years 2 & 3.

The Under-8s play competitive games and may be away from home, but the Under-6's always train at home.

If your kids are in reception or years 1-3, and are interested in giving it a try, phone Nick 0117 9231937 or Mark 0117 9537845 for more details

Mini Rugby – Years 4-6

As year 3 kids approach the end of the season they are introduced gradually to the concept of contact and tackling, in controlled conditions.

Year 4 kids can play contact rugby, but it's all introduced slowly, so for instance the Under-9s (year 4) play games with 3-man scrums and line-outs, but these are uncontested, until they move up to Under-10s, when they are contested.

The rules become slightly more complex, but there is no kicking of the ball.

If your kids are in years 4-6, and are interested in giving it a try, phone Kev 07909 570089 for more details



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Our Teams

It's our aim to have a squad for every year group. We currently have an Under-6 squad, an Under-8 tag squad, an Under-9 and Under-10 squads.

All the squads continue to grow, so we hope it won't be long before we have an Under-7 squad also.

Matches and Training

Most matches are on Sundays from around 10.00am, to include pre-match training or travelling if it's an away match.

Teams are limited to about 14 fixtures per season, so if there is no match, then there is Sunday morning training from 11.00 – 12.00.

Hot food is always supplied for the kids after playing. Occasionally the teams take part in Club Tournaments, where they get to play 3 or more different teams – again normally on a Sunday.

The odd floodlit evening match is greatly enjoyed by the kids, usually on a Wednesday.

The Under-8'S and 10's currently train on a Wednesday evening as well, from 6.00-7.00 pm and 7.00-8.00 pm respectively.

Schools

We actively recruit in all local schools, and have players from 20 or so primary schools, mainly in south Bristol but some further afield, so your child may have friends playing for us already!

We also host annual tag rugby tournaments for local schools where kids are invited to come along to 'give-it-a-try' with their mates

What Do You Need?

All you need is a pair of studded football or rugby boots, a gum shield and lots of energy! In the colder months warm and/or waterproof clothing is also advisable! We ask that a parent should remain on site whilst your child is training or playing.

Come down for a couple of weeks to see if you like it, if you decide to stick with it, there's £2.00 subs payable every week for all squads except the Under-6s, who don't pay subs. Match day kit is supplied by the Club.

So What Are You Waiting For?

All squads train at 11.00-12.00 on a Sunday. Under-9s and Under-10s also train from 7.00-8.00pm on Wednesdays.

You're welcome to turn up any Sunday morning or Wednesday evening, but it's best to phone the coaches beforehand just in case we're playing away!

www.broadplainrfc.com
(or google "bedminstersfinest")