



WINCHESTER RUGBY FOOTBALL CLUB

MEMBERS' eNEWSLETTER

Emailed to over 850 WRFC Members

No 162 09.12.10

SENIOR GAMES – This Saturday 11th December

- * 1st XV vs London South Africa - Home k-o 2.00pm
- * 2nd XV vs Alton - Away k-o 2.00pm
- * 3rd Xv vs New Milton 2nd XV - Home k-o 2.00pm
- * Vets vs Gosport & Fareham Vets – Home - WAITING CONFIRMATION



WRFC CHRISTMAS & PRESIDENT'S LUNCH

THIS SATURDAY 11TH DECEMBER

AHEAD OF THE 1ST XV GAME AGAINST LONDON SOUTH AFRICANS.

THIS IS A HUGE POPULAR EVENT. THERE ARE STILL 4 TABLES AVAILABLE

MEMBERS BOOK THEIR PLACES BY TOMORROW AM LATEST.

To book your Table/place please contact Gold Stripe on 01962 865388 or info@goldstripe.uk.com

GOLDSTRIPE EVENTS MANAGEMENT

WOULD LIKE TO ANNOUNCE THAT:

SANTA CLAUS IS COMING TO TOWN!



**FUNDAMENTALS AND MINIS
CHRISTMAS PARTIES
SUNDAY 19 DECEMBER**

**FUNDAMENTALS 11.30am-1.30pm
MINIS 2pm-4pm**

FOOD AND FUN PROVIDED

£5.00



CLUB HAMPSHIRE – WOMEN & GIRLS

PRESS RELEASE

Have a Super Sunday with a difference!



Andover RFC brings a unique spectacle as girls and ladies from across Hampshire, Surrey and Cornwall come together for a Super Sunday celebration of Rugby Union.

Rugby isn't just for boys, this year England Ladies were runners up in the World Cup and have ambitions beyond that, with a new and improved player development process already in place. But don't expect any quarter! Girls and Ladies rugby is just as fast, furious and passionate as the male game, but there are subtle and important differences if you look closely enough. With games at Under 15, Under 18 and Ladies levels you're in for a real treat, so come along and see the rugby stars of the future.

Food and drink will be available on the day, so come join us and our invited luminaries from around the county. It's sure to be lots of fun so come along and take in a different flavour of rugby

The fun starts on Sunday December 12th at 12.30 when the U18s will play on the 1st team pitch; 14:00 sees the U15s and Ladies take the field on the 2nd team pitch.

THE HAMPSHIRE RFU 2011 PROP IDOL

I am delighted to announce details of this year's **Prop Idol** project. The Hampshire RFU project that ran very successfully last year is again being supported by Neal Hatley from London Irish and by Testway Housing in Andover.

1. Aim: The Prop Idol competition will provide players with an idea of what is required to play in the scrum and test their technical ability and physical attributes. Do note that players do not have to be existing forwards but be aware there will be an element of live scrummaging at each of the events.
2. London Irish We are very fortunate to capture the experience Neal Hatley (London Irish Academy Manager). Neil is an elite coach with experience as a premiership coach and as a South African International prop and I am pleased to inform you that he will deliver at all of the player education sessions. Following on from last year's success Neal, and the Front Row Mentors who work alongside him, have re – designed the program and the tasks to take into account the very latest scrummaging techniques.
3. Age Group: The programme is aimed specifically at players in the U13/U14 Boys' age groups and U15/U18 Girls age groups.
4. Finals: The Prop Idol grand final will be held at the London Irish training ground at Sunbury on the 4th April prior to the London Irish A v Saracens A game. Start time 1900.
5. Entry To aid easy administration of the scheme, if you wish to take part please complete and return the attached documents to Pat Jenner pat.jenner@hants.gov.uk as soon as possible but no later than two weeks prior to the competition.
6. Heats: Heats will be run across the county event and the schedule for these events are set out below

Date	Event	Venue	Time
17 th January 2011	Prop Idol Heat	US Portsmouth RFC	1900-2100
7 th February 2011	Prop Idol Heat	Andover RFC	1900-2100
14 th March 2011	Prop Idol Heat	Eastleigh RFC	1900-2100
4th April 2011	Finals	Sunbury – London Irish A v Saracens A	1900-2100

Finally, should you wish to discuss this further or require any further information then please do not hesitate to contact Sharon Evans Sharonevans@rfu.com or call 07545 319691.

RFU VOLUNTEER ANNOUNCEMENTS

NOMINATE YOUR CLUB FOR THE 2011 PRESIDENT'S XV AWARDS



The 2011 President's XV Awards, supported by QBE, are now open. There are 15 categories you can nominate your club for, from recruiting more volunteers, to fundraising or improving your facilities. The winners receive £500 prize money for their club, with two highly commended projects in each category also receiving £100 prize money. If you know an outstanding team of rugby volunteers, complete the online nomination form at www.rfu.com/presidentxv by February 1st 2011.

Download the [President's XV Award 2011 guide](#) here

CELEBRATE YOUR VOLUNTEERS THIS FESTIVE SEASON



Young volunteers from Ely RUF's U7s/U8s Coaching Team showing off their new stash.

The festive season is a fantastic opportunity to say thank you to volunteers, and we have a number of schemes to help. Volunteers that have made an outstanding contribution can be nominated for an RFU VIP Award, and successful nominees may be featured in Touchline.

We are especially keen to recognise the efforts of rugby's young volunteers. Bronze, Silver and Gold certificates are available to award 10, 25 and 50 hours of volunteering respectively, and for exceptional volunteering, we offer Nike branded stash to recognise their hard work.

Find more [information on giving recognition to your volunteers on RFU.com](http://www.rfu.com), or email carlyjackson@rfu.com.

HELP RAISE MONEY FOR WINCHESTER RUGBY CLUB U16'S

Have you heard about easyfundraising yet? Please see attached the flyer that accompanies the eNewsletter. It's the easiest way to help raise money for Winchester Rugby Club U16's! If you already shop online with retailers such as Amazon, Argos, John Lewis, Comet, iTunes, eBay or HMV, then we need you to sign up for free to raise money while you shop!

So how does it work?

You shop directly with the retailer as you would normally, but if you sign up to <http://www.easyfundraising.org.uk/causes/wrcu16> for free and use the links on the easyfundraising site to take you to the retailer, then a percentage of whatever you spend comes directly to us at no extra cost to yourself.

Save money too!

easyfundraising is FREE to use plus you'll get access to hundreds of exclusive discounts and voucher codes, so not only will you be helping us, you'll be saving money yourself.

We have raised over £25 with easyfundraising so far but we need your help to keep donations coming in. Sign up at <http://www.easyfundraising.org.uk/causes/wrcu16> and start making a difference...simply by shopping.

RFU ADVANCE COACHING COURSES AVAILABLE

- a. **PLANNING & PERIODISATION** - 17th January 2011 - 1900 -2130 – at Newbury RFC
- b. **PERFORMANCE PROFILING** - 24th January 2011 - 1900 -2130 – at Newbury RFC

These courses are targeted at the following coaches:

- a. **Level 2 coaches working towards Level 3 and will be a requirement for any coach taking Level 3 from 2011 onwards**
- b. **1st XV Coaches**
- c. **Colts / U18 Coaches**
- d. **Representative Coaches**

Cost is £15 per person

Further Information from gavinwilliams@rfu.com

Applications to: Josie Molloy, RFU Regional Coaching Centre, 2-4 Darwin Close, Reading, RG2 0TB josiemolloy@rfu.com 0118 3766124

Hampshire RFU Coach Education Programme 2010 – 2011

Once again Hampshire RFU is running in partnership with London Irish and has a varied programme of coaching seminars during the coming season as follows:

Monday 7th February

`Counter Attack` and Round 1 of Prop Idol **Andover RFC** London Irish

Monday 7th March

CPD Course – Youth and Adult - The Lineout Game Venue tba
CPD Course for Mini and Junior – tba

Monday 11th April

`Developing the Back Row` and `Effective Kicking Strategies` Sunbury London Irish
PLUS The Final of Prop Idol

All Sessions £10 All Sessions commence at 7.00 p.m. Cheques payable to: Hampshire RFU Ltd.

Application Forms to: David Ball, 52 St Johns Road, Newport, Isle of Wight PO30 1LS
E mail: dball84894@aol.com

GOLD STRIPE EVENTS MANAGEMENT LIMITED FORTHCOMING EVENTS AT WINCHESTER RUGBY FOOTBALL CLUB

SNOW BALL – 18th December 2010



Eat, Drink and Dance your way to a very Merry Christmas!

Dress: Black Tie
Price: £25.00
(to include a 3 course meal)
Tickets on Sale now!

If anyone would be able to donate a raffle prize for this event it would be greatly appreciated. All proceeds from the raffle will go to the WRFC 'pitch rescue fund' Please contact Lynsey Knight on 07899 951561.

NEW YEAR – HOLLYWOOD STYLE!



Doors open: 7pm
Dress: Dress for the red
carpet! (Fancy dress optional)
Price: £10.00

*KIDS ARE MORE THAN WELCOME AND
GO FREE! PLEASE NOTE IF YOU
PURCHASE TICKETS FOR THE SNOW
BALL YOU WILL RECEIVE A **50%**
REDUCTION ON OUR NEW YEAR
PARTY!*

PLEASE SUPPORT THESE EVENTS. THEY ARE DESIGNED FOR CLUB MEMBERS TO ENJOY – WE
LOOK FORWARD TO SEEING YOU!

WRFC CONTACT DETAILS

Non-Rugby matters contact: Tim Fell 07833-701895 timfell@ntlworld.com

Gold Stripe 01962 865388 or info@goldstripe.uk.com

Hon. Secretary: Anna Russell: 07702 823900 or secretary@winchesterrugby.com and

Membership Secretary: John Prosser membership@winchesterrugby.com

Media Officer & Club Archivist: John Smith mediaofficer@winchesterrugby.com

eNewsletter Editor: Brian Challis 07947 814978 b.challis@ntlworld.com

PLEASE SUPPORT OUR SPONSORS

