



Fun way to develop sporting skills with a growing emphasis towards rugby and team skills as your child progresses through each of our stages.

Sessions are structured and delivered using a game sense approach in academic year groups for children from 18 months through to 6 years.

Session lengths vary to suit age of group.

We play outside, at the home of Winchester Rugby.

Our coaches are all RFU qualified.

We are an HCC approved sports provider and also deliver sports training to many local nurseries and schools.

First Session – Free!

Our next weekly sessions start on

Sunday 6th March @ Winchester Rugby Football Club Nuns Rd SO23 7EF

Registration 9.40 and sessions start 10am



For more information on this or other sessions please contact Rob on
01962 865388 or info@firstcontactsports.co.uk