

Palmyra Rugby Union Club

Juniors



2010 Season Report

Vice President's Juniors Report

2010 saw the continued growth and development of Palmyra Rugby Union Club Juniors. Our player numbers reached 341 (up from 285) and we fielded 22 teams, up from 19 in 2009. On these numbers, we became the largest club in the WA junior rugby competition. Our on-field success was also pleasing, with both our Under 15 Gold and Under 13 Gold teams set to compete for titles in the finals. Several teams in our older age groups, for which results are recorded, also placed well.

This success is due, in large part, to the significant contributions of our volunteers. Palmyra is fortunate to benefit from the many members who donate significant time and money to the Club. The real strength of Palmyra is our Committee members, Coaches, Managers, event organisers and all those who help with refereeing matches, setting-up grounds and the myriad tasks needed to ensure that our players can take the field. What has pleased me most about 2010 is the increase in the numbers of volunteers who have stepped up their contributions to the Club. We have more people on our Committee, we have had new volunteers taking on responsibility for major events such as our BankWest Players' Dinner (at which some 180 pizzas and many flavoured drinks were consumed with great noise and gusto) and we had a good mix of returning and new coaches/managers. My thanks go out to all of you who contributed in 2010.

We also secured a Coaching Coordinator in 2010, a position that has been a key gap for us for a number of years. I commend Bernard Blanch for the time and dedication he has put in. I was able to observe his technical contributions to scrum and contact sessions ("take space, take space!"), and his organisation of training sessions that were both productive and fun. This kind of support for our coaches and players will help us build our capabilities and set us apart as a successful rugby club.

2010 also saw us build upon our links with the Seniors. Kim Short, our Club President with two sons playing junior rugby and another in the seniors, has worked hard to build a culture of mutual support across Palmyra's junior and senior members. In 2010 we had the benefit of senior players who are not parents coaching in our Under 6, Under 14 and Under 15 age groups, as well as others helping out with specific skills sessions: thank-you Matt Richardson, Hayden Croghan, Eru Haimona and Club Captain, George Sutherland!. Palmyra fields teams from Under 6 right up to Premier Grade, which distinguishes us from almost all other clubs, and gives us real opportunities to provide a better rugby experience to our members.

Every year brings its issues, and 2010 was no exception. One red card; not too bad, but hopefully avoided in 2011. A number of disagreements amongst ourselves some handled better than others; with goodwill we can do even better in 2011. Our growth in player numbers has stretched our resources and systems: from pressure at our registration day, through getting enough uniquely numbered playing jerseys, to accommodating everyone at our players' dinner, team photos and end-of-year wind-up sessions. We will need even more help from volunteers in 2011 to support our current and perhaps even greater numbers.

All-in-all, 2010 has been a fantastic year for Palmyra. Go Pally in 2011!

- Michael Mullins

2010 Team Reports

Under 6 Blue

The team of surprises.



So the season kicked off with a team of boys, some very enthusiastic about rugby, but most players extremely enthusiastic about the sign posts and any other entertainment they could find on the rugby field. For some this was the first time EVER being introduced to this concept, and the thought of *rugby rules* certainly has not crossed their mind

before. With a bunch of very eager parents, a few prams, a lot of siblings and a brand new coach, the season had begun!

So the first game kicked off. What an unbelievable feeling to see the boys running in the right direction!! They actually got this! Now to get them to touch the ball and don't take down their own team members! As the season progressed, James got to the understanding that it was actually ok to touch the ball. Colin started to understand that we cannot yet tackle our opponents! Zander discovered the "blue bull" tactic of putting your horns down and running through the invisible targets! Oliver experienced what a hypoglycaemic attack felt like after 5 teaspoons of sugar on his breakfast and a rough game of rugby! Jordan mastered the art of using his little frame to run underneath the other players, with Ty sidestepping like nobody's business! Aidan blew us away! He was everywhere! Flynn also got it!! Then, 3 games from the end of the season, we got two new players, Johannes and Ethan! Although overwhelmed, both these boys went from zero to hero in no time!

What an unbelievable and humbling experience we had with the boys! With no doubt, the Pally Blue under 6 Rugby Team, are true winners in every aspect. All the parents became friends, coaches and supporters! With Cornell, Rod and Chris's coaching, the boys bloomed into a garden of confidence, speed, technique and strategy! You go boys!!

- Susan Greyling

Under 6 White

We started the season with a group of lads who had a variety of rugby skills. Some were more interested in day dreaming and playing on the touch lines, whilst others thought they could tell the referee the rules! Some had never seen a rugby ball before, others had played and showed great passion for the game.

It was entertaining beyond belief in that first game to see their proud little faces score a try over the side line!! It was difficult to get a handle on the “no tackling” rule, for goodness sake isn’t that what all little boys want to do, roll around in the mud and have fun! But, the coaches persevered and throughout the training sessions played a variety of games with the boys in order to teach them some of the basic skills required. That was a challenge in itself, by 1700 hrs on a Thursday evening after a hard week in school the last thing some of



them wanted to do was to listen to more instructions - it was much more fun standing on your head and mucking around!

However, by the end of the season, we had boys spreading out across the field, sometimes they passed it, (mostly not) but they all had a lot of fun and realized there was

something special about being part of the team and getting the ball grounded over the try line, but the best thing of all was always the jelly snakes and the trophy being awarded. The absolute highlight of the season was winning and being allowed to eat the SOLID CHOCOLATE “GO PALLY” RUGBY BALL, for selling the most raffle tickets for the Club.

- Hazel Cheney

Under 7 Blue

What a fantastic season. This year saw me remain with the U7’s along side of Jason Cullen. Many players had returned from last season and we had some new players join the Pally club as well. Even though all these boys were new to me they settled quickly into training and got into the swing of the games with great enthusiasm. The players showed their individual talent and skills each and every game; they quickly became bonded as a team and enjoyed each others company. Their different personalities meant plenty of smiles for both coaches and parents.



The main focus this season was for the players to enjoy their season, ensuring each player had their turn on the ball by spreading out and passing along the line. We also worked on

scrum formation and line-outs. The players really enjoyed this aspect of the game. We had some testing games but the boys stepped up to the plate and showed great courage, and most of all respect to the referee. It is a great achievement to see your players show this level of sportsmanship at such a young age.

Thanks to Scott Wilson, our Assistant Coach, who provided valuable coaching skills and input to the team. Scott, your support during the season at the games, and conducting training sessions (during my absence) is greatly appreciated. I also wish to thank to our Team Manager, Christine, who kept me on my toes and organised our Team with great energy, efficiency and dedication. The task of keeping parents and players informed is not an easy one.

Most of all, a huge thank you goes to all the parents for being there every week for training and cheering on the boys at the game; getting involved and supporting team staff when needed is greatly appreciated. It is your dedication that encourages the players and makes the team what it is. It was an absolute pleasure to be involved with coaching the U7's Blue Team and look forward to continuing next season; watching each player develop further in the U8's. Hope to see you all there.

Dennis Kay

Under 7 White



2010 was a great year for Paly U7 White. All of our players displayed fantastic talent in attack and defence; most of the time going forward and passing the ball. It was great to see how excited everyone would get when they scored a try or made a great tag.

The highlight of the year was playing at Subiaco Oval as a warm up game for the Wallabies v England test match. Thanks to Enda for his extreme good luck in winning the competition that allowed our team this opportunity. All the boys had a great run on a "real" paddock and everyone enjoyed cheering the Wallabies onto a win.

Sincere thanks to all players, parents and families of our team for a sensational year. I look forward to seeing you all in 2011.

- Jason Cullen

Under 8 Blue

2010 season for the U8 Blue team started with a solid foundation as most of the players returned from the previous season. However, it was great to have 4 players in the team in their first season.



It really was a pleasure for me to watch each child achieve new levels of skill and confidence on the field over the 16 games played this year. And watching the new players' first tries of their rugby careers was a true honour to experience – the smiles are contagious.

Each and every player grew in skill and knowledge throughout the year and by the end of the season we

were performing very well with great rugby displayed.

The lifeblood of any team is the support crew and I would like to thank my manager Lyn Grattidge for a great job. I would also like to thank all the parents for their support on game days and at trainings but in particular my assistant coaches Louis Rebelo, Michael Crevola and Chris Grattidge. To the spectators that returned to each game thank you for your support as it means a lot for the players to celebrate their achievements with family and friends.

I would also like to thank the coaches and parents of the other U8 teams for their support at trainings. We are very lucky to have such a great group of U8s at Pally. Enjoy the off season and I look forward to seeing everyone back next year for the step up to under 9s.

Thanks for a great season

- Scott Chesteron

Under 8 Brown



I remember the first day we assembled the under 8's Pally Brown. To say that we had our hands full in moulding this group of rugby mavericks into a team that not only looked like a rugby team but also played like one, is the understatement of the year.

But by the season end “WOW”.

For the 1st half of the season it was like watching a herd of buffaloes churning up the turf with the likes of Thomas, Oliver, Isak, Isaac W, and Ethan zigzagging like prized gazelles leaving both the opposition and their own team floundering in their wake. In the centre, the four sentinels Noah, Kiah, Jayden and Matthew waited patiently for the elusive batten to pass their way, or in most cases stealing said batten out of desperation. It was our sentinels however that gave us a much needed epiphany for the 2nd half of the season.

Our sentinels knuckled down to provide the organisational backbone to the team in ball control, central defence, scrums and line-outs. Dummy half and play making went to Isaac and Isaac W whom cut through the oppositions defence lines in style. They in turn set up our intrepid wingers of Thomas, Oliver, and Ethan who cut loose on the opposition with sound two pass actions and screaming lunges at the try lines. Each week players took on defence responsibility that cut our deficits by half in some cases. I heard several times in the year from various opposition teams that Pally Brown is a hard team to play against. “SUCCESS”

I would like to thank the Coaching Team of Michelle and Conrad for making this a success. I would also like to thank all the parents who participated in supporting the team. I hope to see you all next year.

- Gary Wieser

Under 8 White



The 2010 season has been a true revelation for the U8's White. We played 15 games in total and how the boys have grown in confidence and skill over that time. The focus for this year was to instil a love of the game while allowing them to develop some core skills. It was extremely rewarding to see how well the boys were able to maintaining structure in the defence,

run forward in attack and becoming more and more conscious of their positional play. How wonderful to see so much talent and enthusiasm from each of the boys throughout the season.

Without a doubt a special thanks needs to be extended to all the parents and supporters who diligently attended the Saturday games and Thursday training sessions. From cold and wet to warm and sunny, the parents were ever present and always willing to help. I wanted to say a special thanks to Eric and Paul as Assistant Coaches whose efforts and experience were central to the success and growth of the team. Without exception, each parent made a valuable contribution and for this I thank you all.

Finally I wanted to recognize each of the fine young boys that made this an unforgettable season. Ethan, whose ball skill and deadly sidestep saw him score many exciting tries, Kevin whose speed and enthusiasm was motivating to us all, Oliver who grew in confidence and developed as one of the best all-rounders in the team, Corey for his swift counter attacks and speed out wide, Timothy's raw talent and natural feel for the ball and getting over the advantage line, Ollie for his jaw dropping speed and exciting long range tries, Noah, who in his first season scored so many tries and worked so hard for his team-mates, to Maxwell, who grew into a try scoring machine as the season went on and Logan who started playing this year and clearly has the talent and determination to be a great player. What a fine bunch of young Australians and future Force and Wallabies players. Thank you for an unforgettable season.

- Dennis Strydom

Under 9 Blue

Coaches: Neil Montgomery & Warren Leggett

Manager: Angela Stafford

Players: Angus Montgomery, Izaak Pavia, Judas Tipene, Kai Rees, Louey Foster, Mackenzie Foster, Michael Pascoe, Nat Stafford, Owen Eizele, Ross Bromfield, Sam Leggett, Teo Parker & William Galli.



I can only say that it's been a complete pleasure and revelation to both Neil & myself coaching these young men this year. We started out in what was going to be these boys first year of tackling and having full contact with the opposition. We didn't know how they would respond and rise to what was

going to be asked of them.

I can only say what great progress each and every boy has made during this season. Each boy individually has grown in confidence in their ability as well as their self esteem. To watch some of these boys starting out nervous and scared of "hurting" someone to see them tackle bigger opponents with no fear is certainly very exciting to watch.

One of the biggest highlights of these boys playing career would have to be the pre-match game we played at Challenge Stadium before the England Vs Barbarians game. Certainly one for the boys and their families to cherish. A special mention must be made to Mackenzie who bravely turned up with a broken thumb and then went on to score a try...well done Mac.

Just two games to go from the end of our season Michael & his parents moved to Singapore and they told us that Michael will continue to play rugby there, we wish them every success over there. Owen & his parents leave for a life in "The Land of The Long White Cloud" (NZ) the day after presentation, Owen being one of our smaller players was one of these boys that suddenly got some self belief in his ability and could certainly tackle with the best of them, good luck in your new country and keep on playing.

Finally here are some stats & superstars (they're all super stars, but these deserve a special mention):

Played: 16 Games - Scored: 80 Tries

Will Galli: 22 Tries

Louey Fosters: 18 Tries

Nat Stafford: 13 Tries

Sam Leggett: 12 Tries

A special mention must go to Sean Phipps who late in the season really came into his own and scored a couple of tries (not bad for a front rower).

Have a great summer, we're looking forward to seeing you all next year safe sound & BIGGER.

- Warren, Neil & Angela

Under 9 Brown



Well the 2010 season started well for the Palmyra under 9's. We had over 40 kids sign up. This is a nice problem to have for the club as it is really boosting the grass roots of Palmyra rugby. However, this did pose a slight problem for the coaches as we were caught between whether to have 3

teams or 4. We decided to go with three based on the assumption that there would be the odd player pull out and, heaven forbid, the odd injury. Well our assumption was proved wrong, no players injured and we finished the year with the same players we started with which is always pleasing from a coaching point of view.

Scott Anderson and Ian Brunette took charge of the Palmyra under 9 Brown team. This was an amalgamation of both Scot's and Ian's teams from last year supplemented with a few new chaps to the game itself. This meant there was a fairly even spread of advanced players and a few players coming up to speed with the rules and tackling.

The team went from strength to strength as the season progressed. There were a few areas that need to be worked on next year and that is in the areas of rucking and mauling. Ball retention could have been a little better. On the plus front, both Scott and I could not be happier with the defence and attack skills of the team. When the team came up against the stronger sides, the team showed true character and got stuck into the tackling aspect. On attack there were times that the team was simply brilliant. The Pally under 9 Brown team was certainly one of the smaller teams in the competition which makes the defence aspect so much more pleasing. Towards the back end of the season, Scott and I placed players in more structured positions rather than the full rotation, and straight away our running and passing improved and the Brown side became a formidable force in attack.

I suppose the most pleasing aspect of the team itself was their team spirit and sportsmanship. There was a true caring for each other and there were numerous times the team rallied around a team mate that had been unfairly treated by the opposition. There were also times when the Pally team was dominant against weaker opposition and the team made note of this and were mindful of hard tackles. I noticed the more dominant players that could score at will against weak opposition giving the newer and smaller kids a run and were dead set on getting other players scoring. This is something you don't often see in the younger age group. True team spirit was demonstrated.

In closing I am proud of the team's performance and both Scott and I are keen to continue our association with Palmyra juniors.

- Ian Brunette

Under 9 White



Palmyra White started the season off with 15 very enthusiastic boys. Although many of the boys had a number of seasons under their belts with Palmyra, there were a few newcomers to the Club.

It soon became clear to the two coaches, Phil Funga and myself and the manager

Manoj Pillai that we had a fantastic bunch of enthusiastic, entertaining and capable young men. In the early part of the season we focused on the basics – scrums, line-outs, tackling, going to the ground, securing the ball and supporting each other in general play.

Unusually for this grade we trained on Tuesdays and Thursdays, each practice often finishing up with a scratch match against the two other Under 9 sides, following which Phil, Manoj and myself retreated to the clubhouse where we discussed tactics over a beer or two.

Palmyra White was a very balanced side who played team rugby. Whilst there was some changing of positions, each boy was earmarked fairly early on as a forward or a back. We had strength and power up front, agile loose forwards who got to the breakdown quickly and secured the ball, very reliable halfbacks and fly halves and extremely talented and pacey outside backs. Each player contributed throughout the year to what was a very successful season.

Palmyra White played 16 games including two tournaments. We won 14 of those games losing only to Wests-Subiaco and Rockingham Gold. As skilful as the boys were, games were often won on the back of magnificent defence.

Perhaps the two highlights of the season were the derbies against Palmyra Blue and Palmyra Brown. Both games were played at Tompkins Park in front of massive crowds and were keenly contested. Palmyra White narrowly came out on top on both occasions [which is a timely reminder that Phil, Manoj and myself are still waiting for the coaches of the other two sides to arrange the lunch!!].

I would like to extend my thanks to Phil and Manoj for the significant contribution that they have made to the success of this team and also for the fun that we have had along the way and to the fantastic group of parents who have been supportive and involved throughout the season. Lastly a big thanks to a great bunch of boys who have made this a very successful season.

- Andrew Davidson

Under 10 Blue



Congratulations to all the boys for your dedication and success this year. Everyone has shown exceptional skill levels and, judging by the number of wins you are having a great time!!

The boys have won most games contested and also played well at the Wanneroo and

Southern Lions carnivals. We also had the pleasure of hosting a St Andrews Junior School team from Singapore.

The boys combined exceptionally well with our Pally White team to play 15 aside for the first time against Southern Lions, winning 57-10 and retaining the Bailey- Brown Shield With both teams amalgamating next year we should see some good rugby from the boys.

Acknowledgement and a sincere thank you should go to the club and all the volunteers for their assistance and support of junior rugby. Nothing is too much trouble at this club and it is reflected in the performance and attitude of the boys.

Most importantly I would like to thank the boys for their attitude, and dedication. Also our assistants and all our parents, who have a lot to be proud of the way their boys presented themselves.

Next year we progress to the 15 a side game with contested scrums and lineouts. We will also kick for goal (and in general play if we don't run and gun!!) Good luck to everyone and we will see you next year.

-David Richardson

Under 10 White



I have been coaching for 7 years, 4 years were in the UK and 3 years at Pally, the 2010 season has to be the most rewarding of them all, I have seen players such as Tyler, Jackson, Jaylen, Ruan, & Conner who I started coaching from the under 8's develop leadership skills, team workmanship,

commitment, bravery and the understanding of this great game. I have had the privilege to see Marthinus, (Kobis) Viktor, Luke & Ewald develop from under 9's to be outstanding individuals with great intensity & valour also witness Bill, Lochlan, Michael, Ross & Jack who have never played Rugby before show courage & the ability to listen & learn at a intense pace. I have witness them all grow into formidable warriors of the game.

Highlights

Playing St Andrews from Singapore on the 10th June 2010 where the under 10s played their first game with-out a coach on the field to direct them, coming back from a losing position in the first half to winning by a considerable score by the end of the game through the ability to adapt to the changes and by individual leadership.

The last game of the season against Southern lions for the trophy where both Pally white & blue under 10's joined together to play 15 a side it was a great win to see Palmyra retain the trophy and to see the boys play as one and to see what 2011 season will hold for these remarkable and talented boys.

Big thank you to Scott, Ria, Lisa and Ray (the ref) and all the Parents of Palmyra White under 10's for their commitment to the boys and club, for turning up each week rain or shine, making the 2010 season memorable

- Quentin Pugh

Under 11s



The year started off on a great note with most of the boys returning from last season. We also had a number of players new to rugby who were ready and raring to learn a new set of skills. With such a variety of skill and experience a decision was made

to mix up the teams to ensure that both had a range of new and old players. This helped to ensure that everyone got involved in the game. It also allowed some of the experienced players to step up to lead the teams.

This was the first year of scoring and grading for the boys, which brought a whole new level of excitement to the game. It also raised the stress level for the coaches and supporters who at times could hardly bare to watch!

Following the grading by WAJRU both teams were entered into Gold division. This was a fitting testament to the quality and commitment of the players. It also set the scene for a cracking derby game! It was a tough season with some outstanding



teams to compete with. Both teams had their ups and downs but all the players can hold their heads high finishing the season with brilliant performances.

Throughout the season all the players showed good sportsmanship and courage. While there was a lot of competition between the two teams it was good to see many players turn up to support the other team, in true Pally spirit.

Thanks should go to all the coaches and parents who got involved with training and cheering on their kids. We look forward to another big year next season and hope to see you all there.

- Bob Myers

Under 12s

Thanks parents for all your efforts, from running the side line to assisting us coaching or just making sure they all had mouthguards.

We hope all the boys enjoyed the season and look forward to having a great one next year.

All the best from the Under 12 coaching team.

- Jeremy, Allan, Peter & Richard

Pally White - Gold



It was great to see that all the boys from the under 11's gold team were back again in 2010. The continuity has built excellent team spirit and some really good combinations.

The season started off a bit slow with a couple of losses and a draw, but the boys quickly gained momentum and started playing the sort of rugby we had enjoyed in the later part of the previous season. After the slow start the team moved on to win all but the last game of the season, where they went down in a hard fought match by only one try.

The game plan each week was simple, ball in hand, recycle quickly and stretch the opposition out wide with our speedy outside backs. The team executed this very well with the forwards hitting the ball up, recycling quickly and drawing in the defence to allow the backs to weave some magic. At times it was done with such finesse it was like watching a much older grade. A lot of focus was also put into tackling early in the season which really paid off with the tight defence giving Pally the lowest against score, along with the best percentage, in the competition.

The team as a whole showed great improvement during the season with every single player stepping up and developing his own game. The confidence in each other and team play also improved out of sight and there is not one selfish player amongst them.

The team: . Andrew (Macca) Macray, Piersen (Boof) Kennington, Callan (Bulldozer) Matenga, Cameron (Monty) Montgomery, Jacob (Tangles) Marsh, Cameron (Knoxy) Knox,

Joshua (Lordy) Lord, Evan (The Machine) Stafford, Ben (The Sniper) Swindells, Kelan (The General) Jones, Sean (Streak) McDonald, Miles (Km's) Galli, Nicholas (Flash) Gale, Jordan (Bluey) Zenke, Cameron (The Boot) Beath, Max (The Athlete) Miorada

Pally Blue- Swan



Like the gold team the boys playing in swan started their season slow but steady. Win loss ratio was even by week 4 and the boys really started to work as a team. The team spirit was particularly highlighted when one of our star players, Josh, went home to NZ. All the boys ramped up to cover for him in the next game and came out with a really good win. By week 8 they had managed to be sitting at 2nd on the ladder. A great effort by all.

The Swan team have a number of newer players to rugby and with our experienced players leading the way they soon managed to get stuck in. All the boys' skill set improved and by season end and all of them were now starting to play a better structured game. They were trusting each other to make tackles and pass / recycle the ball. The improvements were seen by the coaching team and parents by the end of the season. Each and every boy did very well and should be proud of their individual efforts.

The Team: Paul, Jack, Aiden, Cameron (Leggy), Reynard, Eric, Christian, Victor, Austin (Aussie), Joseph, Scott, Jordan, Rory, Kurt, Julian, Shan, Joshua (OJ), Murray

Under 12 Guilford Sevens Team

Tournament Runners up.

We hope you all enjoyed your first taste of sevens rugby. Winning 7 out of 8 games, a very good result, and played in true sevens style. Maintaining your structure and playing as a team. The boys came a long way over the few weeks they had to adapt to the sevens game and we are very proud of your effort.

Under 13 Gold



The Palmyra U13 Blue team (Gold Division) have had an excellent season this year and have progressed to the Grand Final as a result of their hard work and dedication. The boys have been a pleasure to coach this year as they look to continually improve as individuals and as a team. A highlight of the season has been how the players are playing together as a team. They have confidence in each others abilities and a firm belief in themselves as a team. This attitude and approach to a team sport bodes well for the future of this group of players.

We had many positives and a few downs in the season with probably the low point being when we were beaten by Perth-Bayswater 31-5. However, to the boys credit when I asked them if they would beat them in the return match they were emphatic in their response: "YES, YES and YES" and you could see they believed it. We had to wait a few weeks before we had another crack at them. During that time we worked hard at our set pieces, game plan and decision making. Every week we improved and only had 2 tries scored against us in the next 3 games.

The Rematch: Due to scheduling the next match was against Bayswater was to be the semi-final and what a cracker of a game it turned out to be. They got an early try against us and a lesser team would have capitulated but not the Pally Blues. We rebounded quickly and scored a try to go ahead 7-5. All 30 players on the field were playing really well with our boys always looking to break out. We crossed the gain line regularly and only good scrambling defence from them kept us out. I'm glad none of the supporters had a weak heart, it was a tense game. With 5 minutes to go Bayswater got a run away try to narrow the gap to 5 points. They threw everything at us but the boys defence was up to the challenge. Final score PALLY 24 – Bayswater 19. Grand Final here we come.

For those of you new to this groups of players: there is a great competitiveness between ourselves and Bayswater which has been going strong for around 4 years and it brings out the best in both teams. However, I'd like to note that although we are firm rivals on the field both groups have great respect and admiration for each other, players, coaches and supporters alike. In fact, over the next few years as our boys start competing in regional competitions I wouldn't be surprised if the majority of the representative team in our age group would come from Palmyra and Bayswater. This is one of the great aspects of rugby, the competition and camaraderie that goes hand in hand.

I'd like to take this opportunity to thank all the coaches, managers, parents and supporters for their committed and passionate support through the season. Without your continued involvement community rugby would not be the great activity it is for the boys.

Finally, to the players: Well done guys you've had an outstanding season and your hard uncompromising work effort has taken you to the finals and I'm sure will take you further in the future.

- Peter Lander

Under 13 Swan



The Pally U13 White team had a great season in 2010. We had a good mix of experienced and new players but the one thing they all had in common was dedication and a willingness to learn the finer points of the game. Being the second Pally team in the competition meant we were playing the majority of our games against clubs with only one team in the U13's, hence competition was of a high standard. The team improved considerably during the season and our second half performances were legendary.

Although we did not win too many games we troubled many of the teams above us on the ladder. Season ending injuries to a couple of players - Alex and Craig - necessitated positional changes mid-season. This did not deter the boys in any way and to their credit

they pressed on. Their dedication was evident in the numbers that turned up for training and on Saturdays. The White team was one of only three teams in the Under 13 competition to complete the season with maximum bonus points, which is a credit to the boys and our supporters.

We would like to thank Peter, Richard, Omar, Brian and Terry for their assistance at training and on Saturdays. We would also like to thank Jen, Andrew and Sherie for their team management skills. A thank you also goes to our linesmen, Chris and Mark, we couldn't have done it without you, and finally thank you to all of those who loyally supported us throughout the season.

- Paul and Trevor

Under 14



Our U14's team has had a very interesting season; the boys have showed a huge amount of tenacity and strength of character.

After playing the grading games and being placed in the Swan Division they absolutely cleaned up on the first few games. After some consideration by Hayden the coach, it was decided that they should play in the Gold Division. This would probably have happened anyway because of the results from previous games.

In the Gold Division they came across a completely different ball game, facing bigger players with well drilled forwards and efficient backs. Well! Our boys certainly took it to them, Joondalup and Wanneroo were shocked by the strength and determination our boys showed. One coach actually came up to me after the game and congratulated us and said that we really gave them a scare.

The boys never gave up or showed any defeatist attitude, they were happy at training and we always had a full team at the game and those on the bench begged to be put back on the field. We had a fantastic win against our favourite rivals Southern Lions, which was enjoyed by players and parents alike.

The season ended up with wins in Swan and only one win in Gold Division, but a huge amount of experience gained for the future development of this wonderful team of young men. I really hope they stick together and come back next year to grow even stronger and bond even more. It takes a team a few years to really get to know how each other think and react together in a game situation, these boys have it!

- Ken Ringrose

Under 15 Gold



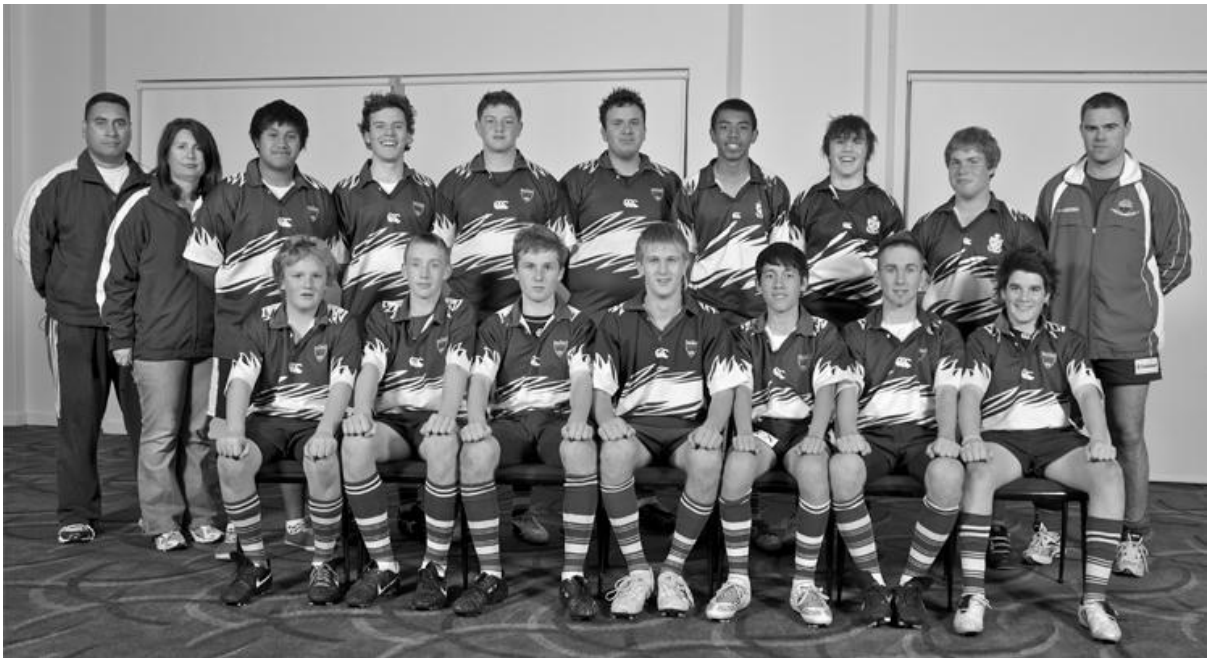
2010 was another great year for the boys from 1995. The Gold team finished the season with the most wins, although some indiscretions through the season cost us the minor premiership thanks to the bonus point system. Coach Carl, in his last year at the helm announced the arrival of a new Palmyra U6 in 2017, so we assume he will take up the reigns again then and that time as a dad. We are in the grand final, and at the time of reading this report we will either be premiers or runners up for the competition. Special thanks have to go to Michael Mallis and Eugene for their coaching, Morris for his coaching and Touch Judge duties, Tony for carrying the manager duties for so long in the season and more importantly hosting a fabulous web site for our team, and Dan for his wonderful photography which he has provided for us to see.

We also had 4 boys in the touring State team, Ward, Speldewinde, Van der Wielen and Connolly. Ollie finished the season with 11 tries at the top of the leaderboard, and Mitch came second with 8.

The team: Ollie Lightning Aikins, Justin Stretch Fourie, Jordan Smash Campbell, Mitch Cracker Short, Myran Zen Thomas, Nick Void Surfer Ward, Keenan Einstein Anderson, Rhys Boxing Naylor, Jordan Gadget Reddish, Brett Little John Bissett, Franswa Hammer Uys, Yiannis Mad Eye Mallis, John Wall Van De Wielen, Aran Hospital Speldewinde, James Astro Lewisson, Simon Crunch Bazeley, Jack Destruction Renouf, Nico Bam Bam Brits, Luke Cannon Connolly

-Michael Speldewinde

Under 15 Swan



The under 15 Swan team was put together this year to cater for the ever growing numbers in our junior ranks. George Sutherland, Eru Haimona (Edz) and Tom Stone collectively coached the team and was managed by Megan Stone.

The boys began the season in high spirits and committed themselves to this newly formed team. Led admirably by Captain Christian Petersen and Vice Captain Jackson Stone the boys wore their Pally colours with pride. With a couple of early defeats the expectation of low morale was nonexistent as the playing group knew they were improving each week and their just rewards came with their first victory. From there the boys lifted and didn't look back, punching above their weight for most of the season they just missed out on a finals berth by the nearest of margins. We had a work hard, play hard philosophy throughout the season which helped unite the swan outfit.

It was an enjoyable experience had by all, with special mentions going to the trophy winners, Moi Kaufononga, Jackson Stone, Phil Stirling, Connor Miller-Chalmers. Lastly a huge thank you must go to the Mother of the team who made sure everyone knew what time and where we had to be for any given event, she always managed with a smile and never grumbled, to our Manager Megan Stone, thank you very much.

- George Sutherland

Under 16



Another season has been and gone. This was the last season for our boys as juniors as next year they will move into the senior ranks. So Mike and I had to make sure these guys were ready for the next step in their rugby careers.

This season proved to be a very trying one both for Mike and I, and also for the guys. Last season Pally didn't have an under-15's so we had to try to build a team from scratch. We started the season 17 registered players (one didn't show up at all and we lost two players through injury pre-season). In trouble already, but as luck would have it we managed to find another couple of players. With only 16 players we knew that it was going to be a hard season both mentally (for the coaches) and physically for the guys.

Pre-season went well and we won our first game. From there on we probably thought we were going to cruise through the season, not so. We lost our next few games narrowly and started to have players go missing from training. Mike and I found it very hard to make any progress with only eight or nine players at training (always the same guys to their credit). We were getting to games and only having thirteen players, in one game vs. second on the ladder we ran out with only eleven but the guys didn't give in. At half time the opposition coach asked if we wanted to quit. I told the guys what was said and they were angry at the start of play they played some of the best rugby they had played all season and scored first!

So it came to the crunch. The law was laid down and the threats were made to disband the team (not that it would have happened but the outcome was what we were after -. fourteen and even fifteen at training).

The team found new passion for the game and the bond was back. Training had taken on a new dimension and we were learning new defensive patterns, new combined forward and back moves and our game was starting to come together. We had one more win and a draw, and finished mid-ladder.

Not the greatest season ever but I believe we were winners as a group, we struggled early on, had a bit of turmoil mid-season. We regrouped, picked up more skills of the game, became mentally stronger and finished as a team wearing our Palmyra jumpers with pride.

Mike and I would like to thank the committee for all your assistance through the season, under 15's for backing us up when possible, to the junior and senior coaching coordinators. We would like to say a special thanks to Richard and Diane Keyte for all your efforts on game day and Susan Bradley for being there and taking care of our guys who suffered what could have been potentially dangerous neck injuries. I would like to thank Mike for all your hard work and assistance with coaching these guys.

Most of all thanks to the guys for sticking at it. It has been a pleasure and most gratifying to a part of this team, train hard, play harder and enjoy.

Remember Palmyra never QUIT!!

Yours in rugby Joe Te Pania

Palmyra Rugby Union Club Juniors 2010 Honour Board

South Regional Representatives

14s

Liam Becker
Patrick Byrne

15s

Simon Bazeley
Luke Connolly
Mitchell Short
Johnny Van der Wielen
Nicholas Ward

16s

Moses Duffy
Tommy Foster

State Representatives

15s

Luke Connolly
Aran Speldewinde
Johnny Van der Wielen
Nicholas Ward

16s

Yet to be announced

Paul Croghan Juniors' Volunteer of the Year

Christiane Spiess

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