



PALMYRA RUGBY UNION CLUB



2011 Integrity Awards

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Integrity & Palmyra Rugby Club

Monthly Achievement Award

What is the Monthly Award

- 3 x \$ 100.00 Cash Awards
- 1 x sen player;1 x jun player;1 xPRUC

Who is Eligible?

- Any financial member of PRUC

Monthly Judges?

- Kim Short : PRUC
- Chris Ward : PRUC
- Lesley Wiles: PRUC & Integrity

How to Nominate?

- On Website
- By email
- Verbally

Recognizing a possible Winner?

- Attend club activities & programs
- Encourage others to be involved
- Be sure to tell us - sharing your story



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Monthly Achievement Award

How to Be Successful?

What does it mean?

Skills:

Can Do: not having the best but applying what skills you have

Attitude:

Will Do: tries continually, getting on with things regardless

Personality:

Will Fit: being prepared to adjust to the circumstances



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Monthly Achievement Award

Commitment:
sticks to the game plan regardless

April

Respect:
For self, club members & visitors

May

Courage:
challenging your fears to achieve a new personal best

June

Teamwork:
adds value by working together

July

Pride :
Proud to know you have done your very best as a club ambassador

August

Resilience:
gets back up and keeps trying

September



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Examples of Qualities

Commitment:
sticks to the game plan regardless

Playing: Trailing?:keep momentum don't drop shoulders

Club: Don't wait for others to act

Respect:
For self , club members & visitors

Playing: Accepting referee's decisions

Club: Promoting the Club's values and rules

Courage:
Challenging your fears to achieve a new personal best

Playing: Getting back up, and looking for the ball

Club: Volunteer to something that strikes fear

Teamwork:
adds value by working together

Playing: Feed ball to speedsters: don't go it alone

Club: Encourage others to participate

Pride:
Proud to know you have done your very best as a club ambassador

Playing: Play the game in front of you – seek opportunity

Club: Don't wait for others to come up with plan

Resilience:
gets back up and keeps trying

Playing: At breakdown, be there to protect man with ball

Club: Be there, regardless of Outcomes



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Recognition of Awardees

3 monthly winners identified?

- Confirmed by 2nd Tuesday of each month

Awards & Photographs

- Cash prize given 2nd Thursday
- Taken on 2nd Thursday of each month

Your Story on PRUC Website

- By Monday beginning of Week 3 and stays there for a month