

## Good Parents Guide

At Horsham Rugby Football Club ( The Club) all coaches, helpers and volunteers recognize that parents are an important part of the partnership which ensures that young players enjoy and relish their involvement in our sport and experience an environment within which they can grow and develop.

### **PARENTS AND CARERS ARE ENCOURAGED TO:**

- Be familiar with the coaching and training programme in order that you can ensure your child is fully involved and the coaches are aware of their availability
- Be familiar with the teaching and coaching methods used by observing the sessions in which your child participates
- Be aware that the Club has a duty of care and therefore, where appropriate, assist coaches with the supervision of the young players, particularly where numbers are large and there is a need to transport youngsters to away fixtures
- Be involved with the Club activities and share your expertise
- Share concerns, if you have them, with Club officials
- Be familiar with the “Coaches Code of Conduct”. In particular
  - ◆ Coaches should recognize the importance of fun and enjoyment when coaching young players
  - ◆ Coaches should keep winning and losing in perspective, encouraging young players to behave with dignity in all circumstances
- It is important that parents and carers support coaches in instilling their virtues. In Rugby Union parents and carers should:
  - ◆ Remember that young people play rugby for their own enjoyment not that of their parents
  - ◆ Be realistic about the young players ability, do not push them towards a level that they are not capable of achieving
  - ◆ Provide positive verbal feedback both in training and during the game. Remember that persistent, negative messages will adversely affect the players’ and referees performance and attitude
  - ◆ Always support the Club in our efforts to eradicate loud, coarse and abusive behaviour from the game
  - ◆ Always show your appreciation of good play by all young players both from our Club and the opposition
  - ◆ Respect the decisions made by match officials and encourage the young players to do likewise

Parents and players in doubt about playing conditions should contact one of the coaches listed for the appropriate age group.