



BSN The British School
in The Netherlands

RUGBY CLUB

BSN RFC Coaches Code of Conduct

BSN Rugby coaches will:

1. Recognise the importance of enjoyment when delivering their coaching and that the best learning is achieved when players are engaged in active participation.
2. Adopt a 'player centred' approach to their coaching.
3. Be a positive role model.
4. Encourage players to take responsibility for their own behaviour at all times but especially when in the rugby environment.
5. Clarify expectations for players, support staff, parents and spectators alike.
6. Keep winning and losing in perspective - encourage players to win with modesty and lose with dignity.
7. Respect referees, publicly support the decisions they make and ensure your players do the same.
8. Promote "Fair Play"
9. Insist players respect opponents and team mates alike.
10. Provide positive verbal feedback in a constructive and encouraging manner to each of your players, both during and after coaching sessions and games.
11. Adapt coaching practise to match the players' ages and abilities, as well as their physical and mental development.
12. Ensure all players are coached in a safe environment, with adequate first aid readily to hand.
13. Avoid the 'overplaying' of players.
14. Advise players not to train or play when injured.
15. Praise effort and encourage good behaviour and good performance.
16. Recognise that players shouldn't be exposed to extremes of heat, cold, or unacceptable risk of injury.
17. Be transparent, trustworthy and fair.
18. Be appropriately qualified and, through appropriate continuous development, demonstrate a current knowledge of coaching practice, playing skills and Laws of the game.
19. Strictly maintain a clear boundary between friendship and intimacy with players and not conduct inappropriate relationships with players.
20. Comply with all Regulations of The Netherlands Rugby Bond (NRB).
21. Abide by the policies and procedures of the IRB including "Safeguarding and Welfare of Young People and Vulnerable Adults."
22. Seek further guidance for age specific law variations (Tags, Turvs, Benjis, Minis etc..).
23. Make it their responsibility and take actions to continue developing themselves as coaches