

# RUCKING GOOD NEWS



## The AKRFC Monthly Newsletter: October 2011:

### Introduction

Welcome to the latest edition of RGN for season 2011/12.

### AK Development Matters

#### *RFU Survey and Workshop*

The RFU Survey, which was circulated to club members received a very good response according to Andrew Soutar (RFU Regional Development Officer). In total 118 club members responded, which apparently compares well against other clubs who have taken part in the survey.

Unfortunately this couldn't be said for the attendance at the follow up RFU led Workshop organised for September 22<sup>nd</sup>. Due to the poor attendance the format for the workshop as planned, could not go ahead and those there, including three representatives from the North West RFU, could only go through the results of the survey in very general terms. Overall most aspects of the survey had received reasonably positive feedback from club members. There were though some particular areas of negativity, which it would have been very useful to explore or develop further. However this could not be done due to the lack of numbers and sections of the club attending. In turn this has probably had a somewhat negative impact on any future application AK was planning to make in respect of the RFU's Whole Club Seal of Approval.

The Survey and Workshop should have been a great opportunity for club members to express their views, thoughts and ideas as regards how the club operates and how the future development of the club should go. Remember this is a members club and therefore members do have a big say in how it operates. Obviously that opportunity, for the time being at least has been lost. To now review the Development situation within AK and a future way forward, the AK Development and General Committees are to meet jointly in the near future and the outcome of that meeting will be reported in a future edition of RGN.

If anyone would like to see an electronic version of the Club Survey results please contact Dave Elliott. Also Dave as Club President is more than happy to discuss any issues regarding AK, preferably amicably over a beer or two, when he is down at the club, which is most Saturday and Sundays plus Thursday evenings. Club Committee members will no doubt also be prepared to do likewise.

### *AK Club Handbook*

To make an application for the Whole Club Seal of Approval, an 'Evidence Spreadsheet' has to be completed, which requires over 60 different criteria to be met. From this a 'Development Action Plan' has to be completed covering specific areas of the club and how it is managed / organised. Some of these criteria in relation to AK are fairly straightforward ie. having teams at all levels, with training sessions and coaches in place, being affiliated to RFU & RFUW, and having Committees and associated roles in place etc.

Some of the other criteria required though have taken quite a lot of work to put in place. ie such as Health & Safety Risk Assessment plus related policy, Data Protection, Equity and Welfare Policies, Codes of Conduct for all

aspects of the club, Committee Terms of Reference and individual Role details. Many of these requirements are actually part and parcel of running a medium sized business as AK is, with the resulting responsibilities that go with that, so have not just been undertaken for the Whole Club SoA

In considering the best way to format and record all this information, the AK Development Committee decided that an AK Club Handbook would greatly assist in this respect. The first edition of this is now just about ready and a copy will be available to view within the clubhouse this weekend. This is a very basic computer printed version at the mo, but in due course further more enhanced copies will be printed and in the longer term we expect the Club Handbook to be available to view on the AK Website.

The Club Handbook doesn't just contain what could be considered the somewhat boring but very essential aspects previously mentioned – Policies and Codes of Conduct etc. There is also lots of other information such as Background and History of the club, Key Personnel with contact details, Club Honours, Club Successes (Senior and Junior Teams), Player of the Year Awards for the previous season (both Senior and Junior), Team Coaches details with contacts, Sponsorship details plus a lot of other useful information relating to AK. Some key aspects of the Handbook have also been displayed within a cabinet in the entrance hall to the club, which club members should take time to view.

### ***Utility Warehouse***

In conjunction with Development matters, please remember the benefits of the above for you and AK. Details are on the AK Website and by calling FREEPHONE 0800 131 3000 to find out how much you could save. Please quote Scheme number: C50193 - Altrincham Kersal RFC

### **Sponsorship**

AK now has a new match day programme which looks really good. Copies can be obtained by attending 1<sup>st</sup> team home games and paying at the entrance, rather than coming across the fields or over the brook to gain free admission – yes we know you are !!!! Big thanks to Lindsey Wordley and Graham Makepeace for obtaining the sponsors and putting the programme together. Obviously also a big thank you to all the sponsors for contributing to the programme. As always AK greatly appreciates the support given by local businesses to the club.

If you know of any other businesses that may be interested in sponsoring AK please let Lindsey Wordley (AK Sponsorship Coordinator) know on 07929 019008 or [lindsey\\_wordley@hotmail.com](mailto:lindsey_wordley@hotmail.com)

### ***Other AK Offers / Fundraising***



Cartridge World are always looking for any sort of ink cartridge to re-cycle – so if anyone has any form of ink jet or laser cartridge that they no longer require can they please bring them to the club and deposit them in the Cartridge World box provided behind the bar. The club will get money for everyone that we provide. Time to look out any old cartridges you don't use or our languishing in an old printer. John Emerson hopes to have some promotional vouchers to give out at start of season as well for people to get money off filled cartridges.



Alison the owner of this Sale based florist has offered a 10% kick back to the club on all floristry bought from her by AK members and their friends. Her flowers are fantastic and are much cheaper than the other main line florists. Diddibox deliver locally and nationally and as well as bouquets also cater for funerals and particularly weddings. Diddibox can be reached by phoning Alison Ludlam on 07914 340139 and please mention that you are from AK

## **Wanted Page (preferably alive and kicking)**

### ***Match day programme seller***

Paul Fallon who does a great job for the club on match days is away this coming weekend and therefore we need someone this Saturday on the gate to sell programmes. Just 2 hours of someone's time from around 13.15 to 15.15 (yes 15.15 to catch the late entries trying to avoid payment – yes we know who you are too). If you can do that please contact Dave Elliott on 07858 945531



### ***Officer of the day responsibilities***

Pip Thomas the coordinator for this role is looking for some additional volunteers to take on this important task on match days. If you can spare the odd Saturday during the season, to come down before the games to put out and then later take back in the post protectors and flags, plus ensure the referees are looked after, please contact Pip on 07718 757046 or email him on [pip\\_thomas@hotmail.com](mailto:pip_thomas@hotmail.com)

### ***AK Firework Display – Saturday 5<sup>th</sup> November***

This is AK's biggest fund raiser of the year requiring an 'all hands on deck' approach to assist in the setting up before and clear up after the event, plus lots of helpers on the night. AK will need bodies on the Friday before to help set up the fencing etc. On the Saturday evening from 17.30 we need as many guys as possible to act as stewards and gatekeepers on the night, and finally some more bodies on the Sunday to help with the clear up operation.

We are now only a month away from this prestigious event and we really do need club members help to make sure it's a success. So if you are available please let Mike Wildgoose on 07775 656366 or Dave Elliott on 07858 945531 know asap.

### ***Away support and representation***

For 1<sup>st</sup> Team away games the opposition usually invite between 4 & 6 AK representatives to a pre match lunch, usually with a few free drinks thrown in, just as AK do at their home games. At the 3 away games to date AK have only managed to get one person to the pre match lunch and despite his best efforts the AK Club President can't eat or drink for 6, well not maybe not eat bit but the drinking is another matter!!! It would be good therefore if we can get a few more there representing the club on away match days.

The next two away fixtures are Darlington Mowden Park on the 15<sup>th</sup> and Beverley on the 22<sup>nd</sup>, both of which will be coach trips. So if you fancy a good 'jolly boys or girls' outing why not come along, enjoy some free food and drink, a good day out and just as importantly give the lads some support. Please speak to Dave Elliott for further details.

### ***Accountant***

Do we have an accountant in the club? No we are not looking for someone to take over as Club Treasurer, but purely to give some advice (preferably free!!!) re financial aspects relating to club development matters, and a possible application for Community Amateur Sports Club Status (CASC). If you are suitability qualified and prepared to do this please contact Dave Elliott.

## What's been happening in September at AK

### *Men's Senior Rugby*

Well we knew it was going to a tough old season with all three men's teams probably now playing in the top leagues that are attainable whilst we retain our amateur ethos, and so it has proved. Having a number of last year's first team squad unavailable or injured in the early weeks of the season has not helped the cause either. To date in 5 league games 29 players have stepped out on the 1<sup>st</sup> team, which is probably more than the whole of last season, and several have been debutants. Hopefully though the experience gained will in the long term benefit both players and the club throughout the teams, particularly once we start getting some players back into action. Also particularly pleasing has been the number of Senior Colts who have stood up to be counted by turning out on the 1<sup>st</sup> and 2<sup>nd</sup> teams.

AK 1<sup>st</sup> Team have to date won just one of their 5 league games, which was a well deserved home win against Morley. They also put in a very credible home performance against top of the table and unbeaten Chester, but have loss heavily in each away game, with injuries in each game taking their toll. Full match reports and photos for each game can be found on the AK website

AK 2<sup>nd</sup> Team started well with a narrow defeat to Burnage followed by good wins against Penrith and Lymm. Call ups to the 1<sup>st</sup> team disrupted their last two games, which resulted in defeats to the two top teams in the league, Preston Grasshoppers and Sedgely Park.

AK 3<sup>rd</sup> Team have yet to get off the mark, having played mostly 2<sup>nd</sup> teams and 4 of the top 6 teams in the league to date. Their priority though with all the injuries and unavailability's throughout the club has been to get a full team out each week. So if you are not playing at the mo and fancy a run out, or know someone that does please contact Chris Smith (Manager of Rugby) on 07976 868444 or Chris Dixon (3<sup>rd</sup> Team Captain) on 07800 179662, or turn up on Tuesdays and Thursday nights at 19.00 for training.



*Kashley Watkins scores against Morley*

### *Women's Rugby*

Like the Men's Teams the Women's team have found it tough again in North 1. Their games to date have been against 3 of the top 4 teams and all have ended in defeat despite gutsy performances against Buckingham Swans (with their monster pack) and Waterloo who are currently top of the table.

Tom Howarth has now taken over the coaching of the girls, who are keen to recruit new players. The girls train on Thursday evenings and you should contact Fiona on 07717 807530 or Rhino on 07753 685168 if you are interested in playing or know someone that might be.



*AK Women's Team before their game against Buckingham Swans*

## *Junior / Mini Rugby*

Following some rearrangements to the Raging Bull Leagues, AK Senior Colts were moved to the B League and have since rattled off 4 straight wins to go top of that league. Pretty good considering they were struggling on numbers at the start of the season. Well done to all the players, coaches and managers on the team for that achievement.

The Junior Colts have found it tough in the Raging Bull a League, with just a draw and some credible defeats to show to date.



*Action from the AK Junior Colts game against Lymm*

The other Junior teams have had some mixed results to date, but most have been on the positive side and there is lots of potential and good size squads on all those sides.

Most of the AK mini teams have been involved in training and chip eating / throwing contests to date. Last Sunday though saw the some of the teams involved in the Stockport Festival. Working down the age groups

AK Under 12s considered that overcoming the refereeing (or lack of) and not coming to blows, was a success in itself and actually finished 3<sup>rd</sup> overall, which augers well for a promising season ahead.

AK Under 11s were playing their first matches of the season in their new 12 format. They beat Stockport 25-0; Wilmslow 15-10; before losing to Sandbach 5 – 10. They then beat Macclesfield 15 – 10 before losing what was effectively the final to Lymm 0-5.

AK Under 10s were undefeated in the Festival beating Stockport 25-10, Macclesfield 20-0 & Lymm 15-10 as well as drawing with Wilmslow and Sandbach, both 5 all. Despite being undefeated, AK were 1 point short for top of the table after Sandbach's 'shock defeat' at the hands of Wilmslow, so ending up runners up in the Festival.

Overall a great performance from the AK mini teams



*AK Under 11s at the Stockport Festival*

## **RGN September Awards**

### ***RGN Player of the Month – NOT!!!!***

RGN has fine tuned the ever growing list of nominees down to

Deano for greatly improving???? inter office relations at the company where Dollars works, and showing the photos afterwards!!!

JP for his 24 hour drinking session after the win against Morley. Would have also nominated Trizzo, who was with JP in body if not in mind for most of it, but he has threaten me with the wrath of his mum, if I dish any more dirt on him!!!

Josh Woods for his investigative reporter and story telling skills (or was it lack of them???) on the bus back from Bradford & Bingley.

And the winner is .....JP not only for his drinking session, but also trying to do the dance of the ruptured cucumber as seen in the photo below. As you can see Chris Barlow was far from impressed!!!



### ***RGN Team of the Month***

As earlier reported several of the Mini Teams did well in the Stockport Festival and the AK Under 13s and 15s have both started the season with some good wins. However the award goes to the AK Senior Colts for coming through quite a lot of adversity at the start of the season in just getting a team together, also then providing several players to the AK Senior Teams and then rattling off four straight wins to head their league at the mo. Well done lads – the drinks (and most of you are just about old enough) are on your coaches next time you play!!!



*AK Senior Colts after their win against Anselmians*

## What's happening in October at AK

### *Men's Senior Rugby*

AK 1<sup>st</sup> Team will still be doing it tough as they start the month with games against 3<sup>rd</sup> placed Birkenhead Park at home on the 8<sup>th</sup> and then a long coach trip to 2<sup>nd</sup> placed Darlington Mowden Park the following week. Beverley away and Waterloo at home finish off the month.

AK 2<sup>nd</sup> Team travel to Chester this weekend followed by games against Vale of Lune (home), Macclesfield (away) and Caldy (home).

AK 3<sup>rd</sup> Team travel to Wirral this weekend, followed by Lymm (home), Hope Valley 1s (away) and Chester (home)..

### *Women's Rugby*

AK Women's Team are home twice this home on Sunday 9<sup>th</sup> against Carlisle and Sunday 30<sup>th</sup> against Novocastrians. In between they have an away fixture on the 23<sup>rd</sup> at Leos.

As can be seen all the senior teams have got some really tough fixtures this coming month, which will be made even tougher for AK men's teams with the injury list they currently have. So please make ever effort to come down and give vocal support to the both the mens and womens team.

### *Junior / Mini Rugby*

The Senior Colts are at home on the 23<sup>rd</sup> against Stockport, whilst the Junior Colts have home games on the 9<sup>th</sup> and 30<sup>th</sup> against Wilmslow and Caldy.

On the 9<sup>th</sup> AK Under 11s, 12s, 13s, and 15s are home. On the 16<sup>th</sup> it is the turn of the AK Under 7s to 10s and 15s. The AK Under 14s are at home on the 23<sup>rd</sup> & 30<sup>th</sup> as are all the AK mini teams, so please make due allowance for the girls in the kitchen who have to peel all those spuds for the chip monsters!!!

It would be helpful to RGN and the Webmaster if the Junior / Mini Team Coaches / Team Admins would upload their fixture lists and results on to the AK website asap. Without that info it makes it difficult for RGN to give a resume of the last month's results and also make due consideration for the Team of the Month Award. If you need help with this please contact Bert at [MWeeden@graingerplc.co.uk](mailto:MWeeden@graingerplc.co.uk)

Mini and Junior team coaches should also note that some of the AK senior players are willing to come down on a Sunday to assist with training sessions. This worked well recently with the AK Under 8s & 9s, so if interested please speak to Club Captain Deano



*AK 1<sup>st</sup> teamers Link, Deano and Gav with the AK Under 8s*

## ***Other News***

### ***New kit supplier***

AK now have a new kit supplier in Raging Bull and a wide variety of AK kit can now be obtained on line direct from this supplier. Good time to start thinking about Xmas presents – remember to put some AK kit on the Xmas lists kids and mums & dads also! Full details of the range of kit and how to order are shown through a link on the AK website.



### ***Congratulations to***

AK Under 15s, coaches, players and parents are proud to confirm that Eddie Brady and Adam Welton have been selected by Lancashire for the 'Manchester District' squad. Well done to both these fine players, good luck from AK and the Under 15's. They will now get a chance to trial for full County honours.

### ***Match Report for Man Versus Food 2011/2012 Season*** (report courtesy of Dean Harris)

1st Leg: Man versus McChicken Nuggets

Results:

- 1st place - Si Edwards (66 Nuggets)
- 2nd place - Nathan Bailey (64 Nuggets)
- 3rd place - Richard Hutchinson (58 Nuggets)
- 4th place - Tristan Laga (56 Nuggets)
- 5th place - Dean Harris (50 Nuggets)
- 6th place - James Singleton (45 Nuggets)
- 7th place - John Bishop (40 Nuggets)

What a contest! Walking beneath the golden arches it wasn't clear who'd come up trumps, the eating ninja's of the Alti Balti or Ronald McDonald and his army of angry chickens. After close deliberation I think this has to go to the Alti Balti, and the winner, only Ronald's most feared nemesis, Si - Sir stretch a lot - Edwards. Like Ronald he too wears the colours of red and yellow up top, and like Ronald he also knows how to tame a deformed chicken. All the contestants went through a variety of emotions. Starting with excitement, then anxiety, followed by regret, then dementia, then more regret, sickness, mild insanity, paranoia and finally an endless pit of regret and self-loathing.

From the start it was confusion of who was the one to watch...Bishop provided minimal entertainment and stumbled on his own arrogance failing at 40. Jimmy Singleton, a newbie to the contest was fortunate enough to even participate as luckily for him the 'McDonalds chicken glue batter allergy disorder' that affects his brother isn't genetic and he wolfed down 45 of the GM messed up nuggets. 3rd from the bottom was the Colonel himself aka Mr Chicken 2011 aka Clucky aka the Kentucky Fried Chicken Gobbler, who put in a disappointing performance by his standards and struggled with 50. Then there was Trizo who pecked 56 of the illuminus pieces of chicken down, and you have got to feel for the lad, was a front runner for 80% of the tournament. If insanity didn't capture 3 of the other nutters and send them into a nugget eating trance, he may well have won. After Trizo came Hutch Hutchie MVP Hutchinson...now talk about second winds, this guy got so caught up in the thrill and the buzz of the momentous occasion that he even confused himself about how many of the 45 calorie mini heart attacks he'd had, but we are guessing it was in the region of 58. In second place was Nathan money bags Bailey - now the other eating ninja's would have loved to see how this man would have done with a 20 pound sponsorship deal, maybe Chris Smith or Dave Elliot will do the honours for the next event. Only held back by the dollar, Nath looked like he could have done more, but we have a feeling Si won this one with mind games. Buying the 4th box of 20 nuggets sent a clear message and shortly after Nathan folded.

Besides JP, which we will make amends for at a later date, well done to all. Watch this space for Man versus Food - October

*Note from RGN: and we wonder why the 1<sup>st</sup> team are not winning many??????*

**Dates for your diary**

***Saturday 08<sup>th</sup> October 2011: Sponsored Lunch for AK Junior & Mini Coaches***

Formal invites have gone out for this, and all AK Junior and Mini Team coaches are to be invited to attend a lunch and drinks prior to the AK 1st Team game against Birkenhead Park. This as a thank you for the great work you all do for the club.

***Saturday 05<sup>th</sup> November 2011: AK Firework Extravaganza***

AK's biggest fund raiser of the season, so no excuses - be there to support it and / or get involved as previously requested in this edition of RGN



*Willing helpers at last year's event and the fireworks were pretty good too*

***Saturday 12<sup>th</sup> November 2011:***

We have a double booking here which means for some of us it is going to be a b..... long day!!! Firstly there is the

***AK Ex Players Reunion:***

The traditional reunion do with lunch and few 'lemonades' before, during and after the AK 1<sup>st</sup> Team game against Sandal. Lots of reminiscing on the lines of 'the older I get the better I was!' as well as do you remember that game in 19?? Well ask 5 people on that subject and you are sure to get 5 different versions of what actually happened. You might actually get 10 from the same 5 people once the beer starts to flow if you ask at different times!!! Formal invites will be sent out for this event in the near future.

Later that day we have

***Take Me Out - AK Fundraiser***

***AKA. What lengths Trizzo's mates will go to, to get him a date!! Sorry Mrs Laga!***

Take Me Out is coming to Altrincham Kersal Rugby Club! The provocative, cheeky and electrifyingly funny dating show - where it really is first impressions that count - returns without Paddy, but with even more fun! We'll be fixing up a host of sexy single ladies from across Manchester in the hope of finding a match made in heaven.....



Five brave bachelor boys will have to impress our flirty thirty to try and bag themselves a date. But if the girls don't like what they see then the boys face a black out and a trip back home ALONE! The lucky couples who do find their dream date will be whisked off to the exclusive Peri-Peri 'Isle of Chicken', Nandos :)

And remember... no likey, no lighty! Doors open 7:30pm: Advanced Tickets £5.00

***Friday 23<sup>rd</sup> December 2011: AK Xmas Do and Development Fund Raiser:***

We are going to be resurrecting the traditional Xmas do and consider the timing is ideal. Most will be finishing work that day prior to the Xmas break and parents won't yet be tied up with the Xmas present wrapping and hiding. This will be a great way to start the Xmas break so make sure you are there. Further details to come on this but note the date.

***Friday 10<sup>th</sup> February 2012: Sportsman's Dinner:***

This is being held at The Cresta Court Hotel, Altrincham with a 7.30 for 8pm start. This is always a top night and the guest speaker will be former England and British Lions lock forward Martin Bayfield, who has also appeared in several Harry Potter films as the body double for Hagrid (Robbie Coltrane). Comedian for the evening will be Josh Daniels with Peter Riley as Master of Ceremonies.



The price for a table of 10 is £400. Please contact Bert Weeden on 07971 870591 or Mike Wildgoose on 07775 656 366

***Saturday 17<sup>th</sup> May 2012: End of Season Ball:***

Please note the new date for this event, which has been changed so not to clash with the Minis Tour. AK is breaking with tradition and this year holding this event at the Cresta Court Hotel, who are now sponsors of the club. Chris Barlow will be circulating details for this event in due course.

***Friday 4 to Monday 7 May 2012: Club Tour to Madrid:***

Please also note the new date for this event also

**Madrid**



**Fri 11<sup>th</sup> - Mon 14<sup>th</sup> May 2012**

The Alley Kats are heading to the Spanish Capital for a weekend of rest & relaxation after what is sure to be a long hard season across the board. Renowned for its rich culture, bustling galleries and inspired architecture, the beautiful city of Madrid will be the backdrop to our little adventure.

2 fixtures have been confirmed and the tour committee are currently finalising costs, however, it is expected to be around £220 or less provided we book the flights by mid September. A full itinerary will be made available at a later stage but potential activities include coffee tasting, museum visits, pottery classes, tapas lessons, salsa dancing & maraca morning...

NB. Deposits are now being taken and need to be in by the end of October to secure your place. This is a club tour so all players and alis are very welcome to come.

Any problems like needing a note from your mum or a letter on official AK notepaper stating that you have been selected for tour and it is too great an honour to turn down, just speak to JP Singleton- 07943 814 361 Trizzo Laga- 07827 962 031, or Bean Harris (BA Hons, BSc, 3rd deg burns, or Lashpig...Captain) - 07581 255 117

### *Nostalgia Section*

Last months photo below of Wes Hesford's 'All Star 3<sup>rd</sup> Team' of the mid to late 1990s cause some brain searching to get all the names and in fact we are still one short. The dark haired lad on the far left of the front row, who several can remember playing at prop but not his actual name. If anyone can enlighten RGN it would be appreciated???



A 1970's tour to Wiveliscombe was mentioned in the last edition of RGN. The following was received from Pete Jobling regarding that tour.

*I was there - it was before Pete Forrest joined but he came and played as he was coaching us at the time I think he joined us as captain the next year we played 3 games one on the way down on Friday (can't remember against who) then we played Wiveliscombe on a very muddy pitch on the Saturday I swear it was as bad as the famous picture of Fran Cotton for the Lions in New Zealand. We were passing the ball to the opposition because we could not recognise them. A very kind lady from the club offered to wash our kit before our last game this time on our way home on the Monday against Burnham on Sea I can't remember the Friday or Monday scores (was suffering mild concussion at the time) but I remember winning the game on Saturday by a close score. Some of those touring included Paul Nice Dave Flannigan Harry Howorth Roger Salt Joe Cooper Neil Williams Stuart Taylor plus Bob Anderson father of John who never went to bed the whole of the trip. Happy days. Jobo*

For those who knew Bob Anderson, they will remember he never did sleep on tour – absolute top guy!

This month's photo was taken on a 3<sup>rd</sup> team tour to Whitley Bay circa 1996, and before the game against Rockcliffe. There is no chance of naming all the players (unless you are George Bugnoli the organiser), as with all good tours we had managed to lose a few along the way and had to borrow at least 3 Rockcliffe players, two of who are looking strangely at each other on the back row. There are at least 13 on there though from AK so see how many who can name.

For the record we did win the game with a late try, and RGN has resisted also showing a photo of George Bugnoli receiving a welcome back present from his old club, courtesy of a strangely dressed young lady (lady?) with a whip!



Talking of being short of players on tour, this episode was beaten by certain tour to Anglesey, when we had the coach driver on one wing, the waiter from our hotel on the other and at least two players from the team we had played the day before playing for us, which turned out to be a big mistake! No one warned us that they absolutely hated the opposition and were determined to put as many of them as possible in hospital.. Situation also not helped by a certain AK fly half playing with a pair of knickers on his head for the whole game, with the opposition just as determined to take his head off. That is one definitely for what goes on tour stays on tour!!!!

### **Future editions of RGN**

So trust that you have enjoyed reading this latest edition of RGN. The next monthly edition will be around the end of October. Any articles and photos relating to AK are very welcome, particularly any relating to gossip or rumour, as are any thoughts on the content of RGN. Also nominations for the '*RGN Team of the Month*' and '*Player of the Month – NOT!*' Please email them to [dave.elliott29@ntlworld.com](mailto:dave.elliott29@ntlworld.com)

