



East Retford Rugby Club

Half Marathon

Plus Family Fun Run (approx 2 miles)



Sunday 13th March 2011 Starting at 10.00am
Family fun run (approx 2 miles) Start at 10.15am

www.retfordrugby.co.uk

EAST RETFORD RUGBY CLUB, ORDSALL ROAD, ORDSALL, RETFORD DN22 7PW

Held under UK Athletic Rules: Accurately and certified measured course. Race permit applied for.

- Prizes and Trophies for the first three Males and first three Females
- Trophy for each Female and Male Veteran Category (only one individual prize and trophy per runner)
- T-shirts to all entrants completing the half marathon
- Prizes for the first three home in Fun Run and medals for all entrants completing the Fun Run plus Schools Trophy.

Course Records: Andrew Aked of Rotherham Harriers in 1:08:08 (2003). Jenny Blizzard Rotherham Harriers 1:19:59(2009)

Entry details:-

Minimum age 17 years for the Half Marathon. Fun Run minimum age 7, any under 10's must be accompanied by an adult.

Entry Fee Half Marathon: Affiliated £12.00 Non-Affiliated £14.00 Entries on the day plus £2.00.

Entry Fee Fun Run £2.00 **Closing Date for Postal Entries 7th March 2011**

Race Entry Limit 500. Enter early to avoid disappointment.

PLEASE COMPLETE CLEARLY USING BLOCK CAPITALS or enter online at www.retfordrugby.co.uk (after 1/12/10)

Race	Half Marathon <input type="checkbox"/>	Fun Run <input type="checkbox"/>	School
Surname	Forename		
Age	Male <input type="checkbox"/>	T- shirt size S M L XL (please circle)	Telephone
Address		Emergency Contact telephone Number	
E Mail Address			
Running Club (Affiliated)	Membership No.		

I enclose my cheque/PO for £..... made payable to **East Retford RUFC**.

I declare that I am an amateur and agree to abide by U.K.A. rules where appropriate. I also certify that I am medically fit to run in this event. I agree that the organisers will in no way be held responsible for any injury, loss or illness to my person during or as a result of this event.

Signature Date

STATEMENT BY Parent or Guardian for ALL runners under 18 years of age. I hereby consent that the above person may participate in the Retford Half Marathon/Funrun. Medical treatment necessary maybe given without reference to either parent or guardian. I will not hold responsible the organisers of the event for any illness or injury resulting from the event.

Full Name Signed Date

Return this completed form with payment and a sufficiently stamped SAE envelope to:

12 Broomhill Avenue, Worksop, Notts, S81 7QP Tel:07941686247 or 01909 500898

Email queries to RetfordHalf@googlemail.com