

SCRUM FACTORY

FRONT UP



FOR PLAYERS, COACHES AND REFEREES.
THE SCRUM FACTORY AIMS TO INCREASE THE NUMBER OF PLAYERS ABLE TO PLAY IN THE SCRUM, PARTICULARLY THE FRONT ROW. THE COURSE IS DESIGNED TO HELP COACHES AND PLAYERS TO UNDERSTAND INDIVIDUAL AND COLLECTIVE TECHNIQUES, TOGETHER WITH POSITION SPECIFIC CONDITIONING.

Venue:

Date:

Time:

Cost £

inc VAT

Contact:

