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Paul Brown
Goalkeeper Development Centre
For ages 9-16 years

Paul Brown Goalkeeper Coaching are inviting junior goalkeepers across the district to join our specialist Goalkeeper Development Centre.

We are offering young goalkeepers across the district the opportunity to improve their goalkeeping skills by taking part in our weekly specialist goalkeeper coaching sessions at our Monday evening Goalkeeper Development Centre.



Q. Are you receiving specialist Goalkeeper Coaching?

If the answer to this question is NO....then the Paul Brown Goalkeeper Development Centre can help you.



Based at [Brighthouse Town FC's](#), Dual Seal Stadium on St Giles Road, Hove Edge, HD6 2PL, the Paul Brown Goalkeeper Development Centre runs specialized goalkeeper coaching sessions on Monday evenings from 6:30pm to 7:30pm. If you are interested in improving your goalkeepers then please read the details below.

A few facts about the goalkeeper

Due to the specialist nature of coaching required for goalkeepers, many clubs unfortunately do not/cannot provide the appropriate coaching to be able to develop their own goalkeepers and maximize their potential. Attackers practice shooting techniques and defenders practice defending techniques and yet the most important player on the field, the goalkeeper, who can single-handedly help win or lose you a game, in most clubs, is left as an afterthought during training sessions.

There are no shortcuts if goalkeepers are to improve and develop. Goalkeepers who want to be successful must show great dedication and commitment not only on match days, but in every training session aswell.

All goalkeepers make mistakes. Whether they are professionals, amateurs, men, women, boys or girls. The difference is that the great goalkeepers train and improve to ensure they do not make that mistake again.

How the goalkeepers will improve at the Paul Brown Goalkeeper Development Centre



Simply put....the only way for a goalkeeper to learn and develop is by taking part in regular specialist goalkeeper coaching sessions.

For this exact reason, Paul Brown Goalkeeper Coaching created our Goalkeeper Development Centre to give goalkeepers the opportunity to improve their goalkeeping skills, techniques and overall ability. The Goalkeeper Development Centre has been specifically designed for dedicated goalkeepers who wish to attend weekly coaching sessions to improve all aspects of their goalkeeping and maximize their potential and to ultimately be a success on a match-day. During these 1hour weekly sessions, goalkeepers will take part in fun, exciting coaching sessions and work with our experienced goalkeeper coaches and other goalkeepers of a similar age to develop their goalkeeping skills and build confidence with other like minded goalkeepers.

All aspects of goalkeeping will be covered in our specifically designed sessions including:

- Ball Familiarity
 - Basic Handling Techniques
 - Goalkeeper relevant fitness
 - Angles/Starting Position
 - Dealing with crosses
 - Shot stopping/Deflecting/Recovery
 - Distribution/Kicking
 - 1 v 1's
- Plus fun goalkeeper games to finish the sessions



If you would like to book a place at the Paul Brown Goalkeeping Development Centre please get in contact with us as soon as possible to avoid disappointment.

Pre booking is essential as numbers will be limited to ensure quality coaching rather than quantity. If the course becomes fully booked, you will be placed on a waiting list and given updates as/when places become available.

Due to the structured nature of the coaching programme designed for the Development Centre, we ask that participants book a minimum of 5 sessions and maximum of 10 sessions at a time.

Course Cost

Block book 5 Sessions for £30 per Goalkeeper

Or

Block book 10 Sessions for £45 per Goalkeeper

To book a place at the [Paul Brown Goalkeeper Development Centre](#) for ages 9 to 16 years

please call or email

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Practice does NOT make perfect.....PERFECT practice makes perfect