



YATELEY HOCKEY CLUB

Guidelines for dealing with an incident/accident

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying.
- If you are unsure of the severity, do not move the player, send for help. Wait for medical assistance.
- Alert the nearest first aider who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services.
- If there is no first aider present, advice can be obtained from NHS Direct on 0845 4647
- Deal with the rest of the group and ensure that they are adequately supervised.
- In the case of a head injury, the player must not return to the pitch unless agreed by a medical professional
- The rules of hockey require that a player with a blood injury must leave the pitch. The injury must be cleaned and covered before re-joining the game. Any spilt blood must be cleared before the game resumes
- There may be a reluctance to take a goalkeeper off when injured, due to the effort needed to transfer the protective equipment to another player. There must be no pressure on a goalkeeper to play-on when injured or ill.
- Contact the injured person's parent/carer.
- You will need to complete an Incident/Accident Report Form if:
 - There was a head injury
 - The player was not able to continue
 - Blood was drawn
 - Damage to a joint
 - Suspected broken/fractured bone
 - Significant bruising or swelling after an impact
- If you are unsure, complete the form anyway.
- Complete an incident/accident report form, and return it to the Junior Coordinator.
- The facility used for training and matches will also have an Accident Book. Notify them of the accident and complete their reporting procedures.