



## Youth Rugby (age12-16yrs) October Half-Term Decision Making Camp

Our aim is to run a two day decision making rugby camp during the October half-term school holidays. This will allow youth players to gain an useful insight into the decisions that they face on a weekly basis in the game of rugby. Players will be given an opportunity to develop their decision making skills in drill based activities and within rugby related games. Players will be challenged to improve their decision making in areas such as defence, attack, contact skills, overload in attack.

Days will Include- Theory session- Identify type of Decisions within Rugby

Drills- Developing decision making in isolated situation. Getting individual feedback

Games Application- How well do you perform in pressurised situations?

## October Half-term Decision Making Camp

Tuesday 25th & Wed 26th Oct

10am- 3pm

Cost- £20 per day or £35 for both

Contact Gavin Hogg  
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