



Mini/Midi (age 6-11yrs) Multi-Sport Summer Camps

Our aim is to run a two day Summer camps throughout the school holidays allowing players to develop skills through participating in a range of sports. Each day will be packed with fun filled activities, allowing players to develop generic skills such as Agility, Balance, Coordination, Speed through the format of Playing.

Players will be given the opportunity to participate in daily team competitions, making new friends, while improving skills that can be transferred into any sport.

This will act as an excellent introduction to providing players with a sound development of those skills that can be transferred into Rugby and prepare them for the new season that lies ahead

Examples of activities- Tag Rugby, 5 aside Football, Rounders/Softball, Cricket, Volleyball, Dodgeball

Mini Camp- Mon 22nd & Tue 23rd Aug

Each camp will run from 10am-3pm daily

(option of extended supervision hours from 8.30am-4.30am at additional cost of £10 per day)

Cost- £20 per day

Contact Gavin Hogg
Mobile 07817486066
or e-mail: hogggavin@hotmail.com
The Haberden, Southgate Green, Bury St Edmunds, Suffolk, IP33 2BL
Tel. 01284 753920
Check out Website for regular updates

