



## Reading RFC training schedule for all teams

**Note to all managers, coaches, captains and players**, below is the schedule for training for teams across the whole club.

As we have limited pitches we need to keep to this schedule so everyone benefits. This schedule continues until further notice.

- Monday - no training unless agreed to outside teams.
- Tuesday - 1<sup>st</sup> team squad (2nds and 3rds), Colts and Rhinos.
- Wednesday - U13's 18.30, U14's 19.30, Girls 18.30 and Ladies 19.00.
- Thursday - 1<sup>st</sup> team squad (others) Colts, U16, U17 and Rhinos.
- Friday - no training unless agreed to outside teams.
- Saturday matches as set out by Fixture Secretary.
- Sunday - 09.30-12.00 youth teams, afternoon Colts, U17, Ladies & Girls.

**Should you wish clarification, please contact  
Mark Everett, Facilities Chairman or  
Andy Clark, Chairman of Rugby.**

**Their contact details are on RRFC website  
[www.ReadingRFC.co.uk](http://www.ReadingRFC.co.uk)**



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