

Reading Rugby Football Club (RRFC)

Assistant Coach's Job Description

The Assistant Coach will work in a team led by the Lead Coach and will report directly to the Committee of RRFC.

Roles and Responsibilities

- To be a member of the coaching team responsible for the appropriate age group squad.
- Plan, prepare and deliver individual coaching sessions for the age group squad.
- Ensure that all sessions are designed to develop the skills and understanding of the players in your squad.
- Evaluate all coaching sessions and games with the coaching team and players.
- Attend all trials, coaching sessions, matches and grading meetings involved with the age group squad.
- The Assistant Coach must be committed to furthering his/her coaching skills and be willing to commit to a programme of personal development provided by the RRFC Rugby Union Coaching Committee.
- Provide feedback to coaches, players and parents.

Skills, Qualities and Knowledge

- Commitment and Enthusiasm – This position will require a large time commitment involving evenings and some weekends for training and matches.
- Punctuality – Coaches set the standards for the squad.
- Planning – The Assistant Coach will work with the Lead Coach in planning the coaching programme for the season and will be asked to prepare individual sessions.
- Leadership – The Assistant Coach sets an example and standards for the whole squad, in conjunction with the Head Coach, you may need to make difficult decisions about selection of players, grades for players etc.
- Team Work – The Assistant Coach needs to be able to work effectively with the players, parents, coaches, manager and the RRFC Committee.
- Rugby Knowledge – It is expected that the Assistant Coach will have the required level of knowledge to enable the players to achieve their potential.
- The Assistant Coach should have a sound understanding of the RFU performance pathway for players.