

# 2011 Romsey RUFC & Friends Cycle Ride

## Introduction

This document is intended as a brief introduction to the 2011 Romsey RUFC & Friends cycle ride, which will take place on Saturday July 23<sup>rd</sup> and involve a lap or half-lap of the Isle of Wight. All cyclist registration should be passed through Gareth Roberts, and all further questions should be put to the organising committee via [secretary@romseyrufc.co.uk](mailto:secretary@romseyrufc.co.uk).

## Arrangements on the day

This year's event is a round-the-island ride. We will cycle from Romsey to Southampton ferry port. From here we will take the vehicle ferry to East Cowes. Once on the far side, we'll head off in a clockwise direction, returning directly to East Cowes, to re-board the ferry. We will then cycle from Southampton ferry port back to Romsey en masse.

On the island there will be two options. There will be a 35 mile and a 64 mile lap, which you should select according to your fitness and ability. Don't forget that you also need to take in to account the 15 miles or so to and from Southampton. Vans will be on hand to give assistance to those requiring it, but you should not rely on these.

In the evening there will be a post-race event at the clubhouse, with music and food, and a bar until the early hours.

## Ride Entry

For health and safety purposes, entry is strictly limited to 50, so don't delay. First come, first served. Riders must be at least 15 on the day of the ride. Any minors (i.e. under 18) must be accompanied by a parent or guardian. The club and the organisers accept no responsibility whatsoever for their welfare and/or wellbeing before, during or after the event.

The cost of entry is £30 per rider. For this you get entry into the ride, return red funnel ferry travel to the IOW, an event t-shirt to wear on the ride, entry to the pre-ride fundraiser on July 2<sup>nd</sup> plus BBQ, along with water, energy drinks and a selection of snacks on the route.

In return for this super deal, it is expected that you will fulfil some minor obligations. The first is that you look to raise a minimum of £50 per rider in sponsorship. The second is that you commit to sell a further four tickets to the July 2<sup>nd</sup> fundraiser at £10 a ticket (i.e. excluding your own entry). Both obligations are simple and easy to fulfil, but do let us know if you have any difficulties.

## Pre-cycle ride fundraiser: Saturday July 2<sup>nd</sup>

In order to maximise our fundraising potential, this year we've decided to bring the fundraiser forward ahead of the ride. You should not miss this event! A great band will be playing, the club ladies will be providing a delicious BBQ, and the bar will be awash with generously sponsored refreshments until the early hours. There will also be a downstairs bar and a marquee, to ensure loads of room and minimum queuing for the all-important pre-ride hydration.

All riders get a complimentary ticket to this event, but they are required to sell another 4 tickets at £10 each. Barrel Sponsors each get 2 complimentary tickets. All others may buy tickets for £10.

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## Sponsorship opportunities

As always, these events rely heavily on the kind and generous donations of our members, friends and sponsors. This year we're offering event sponsorship for sale at £100 per barrel. For this you get two complimentary tickets to the pre-cycle fundraiser on July 2<sup>nd</sup>, along with another two tickets for the post-cycle celebrations on July 23<sup>rd</sup>. Your name will also be covered on our website as a sponsor of the event.

## Fundraising

We have already set up an online sponsorship page at <http://uk.virginmoneygiving.com/team/RomseyRUFC> so send this link to all your friends, family and colleagues to persuade them to part with their hard-earned cash in exchange for your toil.

All riders are encouraged to seek a minimum of £50 sponsorship for the event.

## Disclaimer

### Insurance

The club insurance covers us only for rugby activities and events within the confines of the club property. Therefore this entire event is outside of that coverage. As a result, all participants will be entering at their own risk. The organisation committee strongly advise that you review your personal insurance cover, consult with an expert and give due consideration to supplementary insurance if required.

### Fitness

It is assumed that all riders will be physically fit and capable of completing their selected course. The organisation committee accept no responsibility for the health and welfare of any participant. We strongly recommend that you consult with your doctor prior to the event.

### Equipment

It is assumed that all riders will bring their own equipment, e.g. a bike in suitable condition, wet weather gear, spare inner tubes and vital tools. None of this will be provided by the organisers or the support team.