

Play Rugby for Frome

Boys U7 – U18

Girls U7 – U12

**Enjoy the thrills
and spills of
rugby and
be part of
a team!**



FROME RUGBY FOOTBALL CLUB
Founded 1883



Training begins Sunday 5th September, 10.00am – 12.00pm at Frome Rugby Club, Gypsy Lane, Frome.

Full pitch training lights – suitable for Junior matches up to U18

For more information contact: **Paul Lovatt**, School Liaison Officer, Frome RFC on **07751 253 475**.

Ladies Rugby – Over 17's. Training: Thursday evenings from 7.00pm. All abilities welcome. Keep fit and have fun.

Contact: **Dave King** on **07966 559582**.

www.fromerfc.org/
log on for more
details