

# 2010

Letchworth Garden City  
Rugby Football Club

## MATCH SAFETY CHECK LIST

RFU Guidance form

Checking Officer: ..... Match: .....Vs.....

Date: .....

# MATCH SAFETY CHECK LIST

Letchworth Garden City RFC Club Safety check list document as set out in guidance by the RFU

Number	Task	Checked	Remarks
1	Insurance and Affiliation	Please indicate with ✓	Any details to be recorded
	<ul style="list-style-type: none"> <li>Teams have minimum mandatory death and total disability RFU insurance</li> <li>Teams affiliated to RFU</li> </ul>		
2	Pitch Safety		
	<ul style="list-style-type: none"> <li>Pitch marked and flags positioned correctly</li> <li>If spectators present pitch to be cordoned off or roped off at least 3metres from touch line</li> <li>Posts secure in ground</li> <li>Post protectors fitted &amp; secure</li> <li>Ground playable (not frozen or baked hard, no potholes, not waterlogged )</li> <li>Ground free from foreign objects such as glass, concrete, large stones, dog waste</li> </ul>		
3	Medical		
	<ul style="list-style-type: none"> <li>Appropriately qualified first aid trained personnel must be in attendance<sup>1</sup> <b>NB match is not to proceed without such qualified personnel present.</b></li> <li>HSE compliant first aid kit present, checked and when used items replaced as soon as possible<sup>2</sup></li> <li>Telephone available for calling emergency services<sup>3</sup></li> <li>Safe unimpeded access to and from pitch for emergency service vehicles</li> <li>Guidance to local Hospital for visiting team (See Emergency details form)</li> </ul>		

<b>4</b>	<b>Player Safety</b>		
	<ul style="list-style-type: none"> <li>• Qualified personnel appointed and present to officiate</li> <li>• Progressive warm up and warm down to be delivered by trained personnel</li> <li>• Players to be hydrated prior to match</li> <li>• Sufficient water to be made freely available to all participants during and after match</li> <li>• Sufficient Cold weather kit i.e. tracksuit, subzero suit to all ages</li> <li>• Players footwear (including studs) and clothing to conform to IRB regulations (Laws of the game - Law 4)</li> </ul>		
<b>5</b>	<b>Risk Assessment</b>		
	<ul style="list-style-type: none"> <li>• Risk assessment carried out in compliance with LGRFC</li> <li>• Risk assessment recorded</li> </ul>		

1. The term 'appropriately qualified' means trained and current in cervical spine stabilization and other life support. Examples of such personnel include (but are not limited to) RMO's, CMT's, RMA's, BATLS and BARTS trained personnel, and sports trauma management trained personnel.
2. RFU First aid equipment guidelines are attached to Letchworth RFC club documents
3. Either a land line telephone in changing rooms/club house if situated close by, a mobile phone may be required but must be checked to ensure that network services are available at pitch side