



# Coaching Awards 2012

The RFU's Coach Development Courses are continually reviewed to ensure they reflect best practice and the needs of the players and their coaches.

## RFU Coach Development courses include:

- Foundation (Tag Rugby, Rugby Leaders, 'IRB RugbyReady' Player Safety Course)
- Qualification courses (Levels 1 – 4), and
- Continuous Personal Development (CPD) courses i.e. Coaching Continuity, Back play etc.

All of which will be underpinned by the new RFU Coach Licence which will give members access to a new on-line coaching academy. This reflects the need for coaches to continually develop their rugby knowledge and coaching skills to ensure they provide the best experience to players.

Successful candidates on RFU Coaching qualification courses will become licensed provided they agree to abide by the terms & conditions of the licence. Licences remain 'live' for 3 years and can be maintained through regular attendance at CPD (3 events in 3 years).

## What is Changing?

Existing Award	New Award	Description	Prerequisites for entry
Level 1 Certificate in Coaching Rugby Union	<b>Coaching Children Rugby Union Award (UKCC Level 1)</b>	<ul style="list-style-type: none"> <li>• Entry point for coaches of Mini/Midi Players [U7 to U12]</li> <li>• Provides coaches with the knowledge, skills and attributes essential to developing children's social, personal, physical and mental skills through the technical and tactical aspects of the game of Rugby Union.</li> </ul>	<ul style="list-style-type: none"> <li>• Attendance at a Rugby Ready Course within the last year</li> <li>• <i>Tag Course or Rugby Leaders recommended</i></li> </ul>
Level 2 Certificate in Coaching Rugby Union	<b>RFU Coaching Award (UKCC Level 2)</b>	<ul style="list-style-type: none"> <li>• Entry point for coaches of the 15-a-side Game</li> <li>• Provides coaches with the knowledge, skills and attributes to effectively coach young players or adults in the 15-a-side game.</li> <li>• Develops coaching skills and the technical &amp; tactical aspects of defence and attack together with unit skills and developing play from set piece.</li> </ul>	<ul style="list-style-type: none"> <li>• Hold a UKCC Rugby Union Level 1 &amp; attended recognised CPD since qualification.</li> <li>• Or, if a direct entrant:</li> <li>• Coaching the 15-a-side game and recently attended Scrum Factory Course, <b>or</b> a Rugby Ready course.</li> </ul>
Level 3 Certificate in Coaching Rugby Union	<b>RFU Advanced Coaching Award (UKCC Level 3)</b>	<ul style="list-style-type: none"> <li>• Provides coaches with the knowledge, skills and attributes to plan an annual coaching programme to develop the whole team and game planning.</li> <li>• Develops performance analysis, profiling, and goal setting tools to design, implement and evaluate coaching programmes</li> <li>• Mentor &amp; Assessor support is provided to the coach in their own coaching environment.</li> </ul>	<ul style="list-style-type: none"> <li>• Hold a UKCC Rugby Union Level 2.</li> <li>• Attended at least 2 of the 4 Towards Level 3 CPD courses - from Player Profiling, Planning and Periodisation, Game Planning and Goal Setting</li> <li>• Coaching commitment to a 15-a-side team.</li> </ul>
Level 4 Certificate in Coaching Rugby Union	<b>RFU Level 4 Coaching Award (UKCC Level 4)</b>	<ul style="list-style-type: none"> <li>• Provide coaches with 'cutting edge' knowledge and skills to coach effectively in the talent development, performance and elite playing environments.</li> <li>• The programme is multi-disciplinary in nature developing in-depth knowledge across a number of domains with guidance on how to synthesise and integrate this into their coaching.</li> <li>• The programme lasts 18 months, is delivered in partnership with Hartpury College to post-graduate level.</li> <li>• Mentor &amp; Assessor support is provided to the coach in their own coaching environment.</li> </ul>	<ul style="list-style-type: none"> <li>• Hold a UKCC Rugby Union Level 3</li> <li>• Significant experience of coaching Rugby Union</li> <li>• Evidence of a capacity for extended study at Postgraduate Level</li> <li>• Coaching within the Talent Development, Performance or Elite Performance playing environments.</li> </ul>

## Frequently Asked Questions

**Q Is this going to cost me more money to obtain my qualification?**

**A** No, every effort has been made to maintain the costs of the courses. The RFU will continue to subsidise the actual cost of coaching courses by 50%. Also, coaches of the 15-a-side game may go straight to the RFU Coaching Award (UKCC Level 2).

**Q Do I need to do Rugby Ready before I apply for the RFU Coaching Award (UKCC Level 2) if I have already done it before attending my Level 1?**

**A** No, if you have done it previously you don't have to retake the course. We would however strongly recommend that you review the resources on the IRB website <http://www.irbrugbyready.com/> and retake the online test on an annual basis.

**Q Must I attend 'Scrum Factory' or Rugby Ready before I do the RFU Coaching Award (UKCC Level 2)?**

**A** Yes, minimising risk to players is vital, and safe coaching is essential. The courses are designed to help coaches and players to understand individual and collective techniques, together with position specific conditioning.

**Q I have never played or coached rugby before and I want to do the RFU Coaching Award (UKCC Level 2). Is this possible?**

**A** Yes, if you are coaching the 15-a-side game, however you may decide that after attending the pre requisite courses that you need more experience and support. Your regional Coach & Player Development Officer (CPDO) will be happy to give you advice and can give you specific guidance.

**Q Must I attend a CPD Module before the RFU Coaching Award (UKCC Level 2)?**

**A** If you hold a Level 1 qualification, it is expected that you update your knowledge and skills prior to moving into the 15-a-side game or the RFU Coaching Award (UKCC Level 2).  
If you do not hold a Level 1 qualification, then CPD modules are easily accessible and a good way of developing your knowledge and skills in readiness for the RFU Coaching Award (UKCC Level 2) programme.

**Q Do the courses involve practical/physical activity?**

**A** Yes, the courses involve both practical and theoretical elements. You will be expected to deliver short coaching tasks and review your coaching performance in front of your peers and educator / assessor. When not coaching you may act as a player, however previous/current playing experience is not needed. If you are unable to take part in any activity you should notify the RFU when you apply for the course and/or when the course starts.

**Q Are courses pass or fail?**

**A** Qualification courses are competence based and you will need to demonstrate competency in all areas. If you are deemed 'Not Yet Competent' in any area you will be supported by your educator who will provide you with guidance on how you can demonstrate competence even beyond the end of the course. CPD & Foundation courses are attendance based courses and are not assessed.