



## **Worcester Ladies 2<sup>nd</sup> xv report 2009/10**

The Wahine's have had a very successful season finishing 3<sup>rd</sup> in NC Midlands 1 division, after promotion from NC Midlands 2 that season. This showed that all the hard work the girls and coaches had put in had paid off and our efforts had not gone unmissed. The Wahine's had not gone into this league thinking promotion again was on the cards, which was a uplift to moral when we finished so high up the new league.

Despite being offered the chance of promotion, we have decided to stay in the league we are in. We decided that it would be better for us to build our strength in this league before moving to another. We are hoping to do just as well next season, if not better, and then hopefully, this time round we will be ready for promotion.

This season brought with it an array of new players, including the like of Beth Ghalamkery, Hayley Parker, Jo Yong, Nikki Moore and many others, adding to what is already an impressive Wahine team.

With the first team suffering a plague of injuries, many of our players got a chance to experience rugby at a premiership level. These players included Rhiannon Watkins, Lizzie Binks, Beth Ghalamkery and Lisa Webb. This also included Kelly Phasey and Jilly Hendy, both of who are now part of the 1<sup>st</sup> team squad.

We have been fairly lucky with regard to injuries this season, with the majority keeping players away for only a few weeks. However, as with any team we did suffer a couple of major injuries. Emelie Taylor suffered a dislocated elbow, but was back playing for the last few months of the season. Unfortunately, Lynne Foulweather wasn't quite as lucky. Her head injury meant that she missed most of this season and next season to.

This season has been a first for many things; Jess Robinson took on being captain for the Wahines last few games, also it was the first season for our new chairperson, Vicky Poole; and it was the first season for some of the coaching staff.

We have had a great season this year, and we hope the next one will be just as good.

***Nicola Morris***