



UTTOXETER RUGBY FOOTBALL CLUB

Oldfields Sports and Social Club

Springfield Road, Uttoxeter, Staffordshire, ST14 7JX

Tel 01889 564 347 www.uttoxeterrugby.com

President Julian Beattie

Hon. Secretary Glyn Wilson

Chairman Jason Cabrera

Tel 01335 343153\07922 746592

Hon Treasurer Gareth Priddle

Email: lezannwilson@hotmail.com

Uttoxeter Rugby Club Health and Safety Procedure

In the interests of health and safety these procedures should be adhered to so that members and spectators can watch and play rugby safely.

Health and safety during a game will be the responsibility of the referee who will conduct the game under RFU laws/regulations.

Spectators will be the responsibility of the home officials.

It is the clubs responsibility to provide a basic first aid kit and stretcher only to be used by **appointed** trained first aiders of which each playing side should have in attendance on match days.

The match day captain and officials should also be aware of the basic pre match checks, if below the age of 16 years the relevant coach must complete the pre match checks.

Pre match checks

- Before any game the captain/coach should be aware if any medical conditions/ medicines a player has or is taking in the case of an injury.
- Should have immediate means of contact to emergency services should they be required.
- If a junior side under the age of 16 years is playing, all players' contact numbers (parents/guardians) must be at hand.
- First aid kits should be fully replenished as required.
- A pre match check of the playing surface should be carried out before every game. This is to ensure that the surface is free from foreign objects (i.e. glass, needles and animal faeces) in the case of winter months that the ground has not suffered frost or is too wet.

If a game at junior level is in play and the said coach has query or question which is in the interests of 'duty of care' then he/she should approach the referee at the first opportunity and make him/her aware.

Coaches are not held responsible for any injury incurred to any player whilst travelling to and from a game.

All junior players are advised to have the relevant protective equipment(head guard, shin pads, gum shield, padding etc) in their possession before and during a game if necessary.

It is the responsibility of the individual players to ensure the studs in their boots are in accordance with the RFU regulations aluminium and blades are the only recognised types. **Nylon studs are not allowed.**

Although referees may check boots it is not **their** responsibility in the event of an injury.

If any junior side under the age of 16 years should require shower facilities then it is the coach's responsibility to ensure this is done in a safe environment in accordance with RFU law/ regulations.

Finally it is the clubs responsibility to ensure that the health and safety of its players, members and spectators are looked after as is reasonably practical. Any person, persons not dithering to the policy will be asked to leave the premises.